
Nebraska Food Cooperative March 2010 List of Deleted Products

Vegetables

Winter Squash

#	Product	Type	Price
Community CROPS			
#1946	Acorn Squash Order number of packages. 3 pounds of squash per package (2-3 small squash)	All Natural	\$3.00/package
#2178	Sucrine du Berry Squash Order number of squashes. This is a Beautiful winter squash variety with deep orange flesh. It makes wonderful soups, or anything else you would make with Butternut. They are also very LARGE-around 12# each, so plan for many meals!	All Natural	\$8.00/squash

Meats

Beef

#	Product	Type	Price
Bluff Valley Farm Natural Meats			
#241	Ground Beef Order number of pounds. Approx. 90% lean, approx. one pound packages	All Natural	\$3.95/lb.
Hollenbeck Farms			
#1137	Soup Bones Order number of packages. approx. 1 lb/package. vacuum packed.	All Natural	\$2.75/lb
Nebraska's Finest Beef			
#2175	Quarter of a Natural Angus Beef (custom cut or ready to go) Order number of quarters. Custom orders will take longer to fill to your specifications. Ready to go is 2.5 boxes of boneless beef (approx 100 lbs). Steaks cuts average 1 inch, roasts 3-4lbs, ground beef 1 lb chubs. All natural, humanely born/raised here in Nebraska.	All Natural	\$350.00/quarter
Beef - Grass-Finished			
#	Product	Type	Price
Grazin' Acres Farm			
#618	Grass fed beef heart Order number of packages. A heart from our grass fed and finished highland cattle. Raised on grass and other forages from birth to finish - hay in the winter. No growth hormones or antibiotics given. A rare treat as we only have a few of these each year :)!	All Natural	\$2.50/pound
#620	Grass fed beef oxtail Order number of packages. A oxtail from our grass fed and finished highland cattle. Raised on grass and other forages from birth to finish - hay in the winter. No growth hormones or antibiotics given. A rare treat as we only have a few of these each year!	All Natural	\$2.25/pound
#491	Grass fed Chuck Roast Order number of packages. Chuck roast from our grass fed and finished highland cattle. Raised on grass and other forages from birth to finish - hay in the winter. No growth hormones or antibiotics given.	All Natural	\$4.50/pound
#489	Grass fed Ground Beef Order number of packages. Ground beef from our grass fed and finished highland cattle. Raised on grass and other forages from birth to finish - hay in the winter. No growth hormones or antibiotics given. Order number of 1 lb packages.	All Natural	\$4.25/pound
#549			\$9.95/pound

	Grass fed NY Steak Order number of packages. Raised on grass and other forages from birth to finish - hay in the winter. No growth hormones or antibiotics given. Smaller in size than a Ribeye or Sirloin.	All Natural	
#494	Grass fed Ribeye steak Order number of packages. 2 steaks per package from our grass fed and finished highland cattle. Raised on grass and other forages from birth to finish - hay in the winter. No growth hormones or antibiotics given.	All Natural	\$9.95/pound
#726	Grass fed Rump Roast Order number of packages. Rump roast from our grass fed and finished highland cattle. Raised on grass and other forages from birth to finish - hay in the winter. No growth hormones or antibiotics given.	All Natural	\$4.95/pound

Kvam Family Farm

#201	Bone In Rib Steak- Grass fed & finished Order number of pkgs. No hormones or antibiotics. A Kvam favorite! 2 steaks per pkg.	All Natural	\$10.75/pound
#2048	Chuck Roast- Grass fed & finished Order number of packages. Great crockpot style roast. Rich flavor. Also makes wonderful taquitos and other shredded beef dishes. Cook with water.	All Natural	\$5.30/pound
#2054	New York Strip Steak- Grass fed & finished Order number of packages. 2 steaks per package. New York does well for those who like their steaks done a bit more well. (yes it can still be done rare too). New Yorks also make a good meal extender by slicing thinly then saute and toss in with rice and steamed veggies, or over a salad. I\\'ve even diced it smaller and used in tacos and on top of nachos.	All Natural	\$11.95/pound
#2066	Shank bones- Grass fed & finished Order number of packages. Great for stock! Delicious meaty bones.	All Natural	\$3.35/pound
#2065	Soup bones Order number of packages. Time to make stock! Delicious meaty bones.	All Natural	\$3.35/pound
#2063	Stew Meat- Grass fed & finished Order number of packages. Perfect for these cold winter days we are beginnning to get. Use for stew, pot pie, beef tips on rice and many other dishes.	All Natural	\$5.55/pound

L L Jacobsen Farm

#483	Grass fed beef minute steaks Order number of pounds.	All Natural	\$4.50/pound
#830	T-Bone Steak Order number of pounds.		\$10.00/pound

Quiet Waters Farm

#1425	Grass-Fed Rump Roast Order number of pounds. Grass-Fed Rump Roast - Averages 2-2.5 pounds	All Natural	\$5.50/pound
#1327	Grass-Fed Sirloin Steak Order number of packages. Tender and delicious. Grass raised and finished beef. No hormones or antiobotices.	All Natural	\$8.75/pound

Pork

#	Product	Type	Price
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Harvest Valley Foods

#2184	SPECIAL - BBQ SHREDDED PORK Order number of packs. Save \$.50 per lb. with this winter special. Just add BBQ sauce for a great pulled pork sandwich. Fully cooked, just heat & eat! YUMMY!!!!	All Natural	\$4.75/pound
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Hollenbeck Farms

#1180	Pork Butt Order number of packages. vacuum packed.	All Natural	\$4.00/lb
#1177	Spare Ribs Order number of packages. vacuum packed.	All Natural	\$4.99/lb

Soup Bones

#	Product	Type	Price
Kvam Family Farm			
#2071	Shank bones- Grass fed & finished Order number of packages. Great for stock! Delicious meaty bones.	All Natural	\$3.35/pound
#2070	Soup bones Order number of packages. Time to make stock! Delicious meaty bones.	All Natural	\$3.35/pound

Poultry

Chicken

#	Product	Type	Price
Kvam Family Farm			
#1689	Stewing Hens Order number of birds. Delicious for making stock. These hens will vary in weight approx 2.5 to 3.5 lbs, but are sold by the bird. Hens were raised on pasture with mostly organic feed but may have had conventional feed during some points in their life.	All Natural	\$7.75/bird

Other

#	Product	Type	Price
Clear Creek Organic Farms			
#1603	Boneless Pheasant Breast Order number of packages. Pheasant is an elegant dish with any meal. It has mixture of chicken and venison flavors. Pheasant is a white meat and very light. With one order you will receive two boneless pheasant breasts. Each breast is about 6 oz.	All Natural	\$22.00/pound

Dairy and Eggs

Cheese

#	Product	Type	Price
Clear Creek Organic Farms			
#1582	Cheddar Cheese Order number of blocks. This is cheese produced from certified organic, 100% grass fed(NO GRAIN), jersey/jersey cross dairy cattle. It was processed by Dimock Dairy from Dimock, SD. They have been in business since 1931. Most are close to 1 pound blocks. If you want a little smaller/larger please specify and we will try to accomodate you the best we can. Thank you! We do have another load at Dimock to bring down.	Certified Organic	\$5.75/pound
#1608	Garlic & Parsley Cheese Order number of blocks. Cheese is produced from certified organic 100% grass-fed(NO GRAIN) jersey & jersey cross dairy cattle. The herbs/seasonings are all natural. The cheese is produced by Dimock Dairy of Dimock, SD. They have been producing cheese since 1931. Most are close to 1 pound blocks. If you want a little smaller/larger please specify and we will try to accomodate you the best we can. Thank you!	80% Organic	\$5.75/Pound

Baked Goods and Desserts

Bread

#	Product	Type	Price
Grazin' Acres Farm			
#1978	Wheat loaf Order number of loaves. A wholesome wheat loaf baked fresh by Amber in our on-farm store. Ingredients include: wheat flour, white bread flour, whole milk, water, honey, butter, brown sugar, our farm fresh eggs, salt and yeast.		\$3.50/loaf

Kristy's Kitchen/K and C Ink Wells

GLUTEN FREE DOWN SOUTH HUSHPUPPY MIX

#1020 Order number of bags. Ingredients: organic white rice flour, sorghum flour and tapioca flour, organic corn meal, organic turbinado sugar, dehydrated corn, green onion flakes, xanthan gum, non-aluminum baking powder, baking soda, sea salt, GF organic and natural seasonings and flavorings. \$7.00/mix

Quiet Waters Farm

Gingerbread Waffel Mix

Order number of packages.

#2171 What a way to start the day! No more boring breakfasts! Serve with our yummy pear sauce for the perfect finish. \$3.95/package

Ingredients: flour, sucinant baking powder, cinnamon, salt, ginger.

Makes two batches of 6 large waffles.

Indian Griddle Cake Mix

Order number of bags.

#2125 Perfect to warm the soul. These special griddle cakes (pancakes) can be served with our Apple Fruit Compote (see fruit mixes)for breakfast or a desert or with our recipe for Creamed Chicken (see our January '10 newsletter-<http://www.quietwatersfarm.com/January2010.html>) for lunch or supper. All Natural \$4.25/bag

Ingredients: Freshly Ground Locally grown corn, Freshly Ground Organic Spelt, Organic Sucinant, sea salt, aluminum free baking soda.

KEEP REFRIGERATED

Prairie Sunflower Cornbread Mix

Order number of packages.

#2128 Theres a ton of good cornbread recipes but this one gets a blue ribbon! Serve with tons of fresh butter and honey! \$6.25/package

Ingredients: freshly ground local corn, freshly ground spelt, organic sucinant, raw organic sunflower seeds, baking powder, sea salt.

Keep Refigerated. Makes 2 9x9 pans

Whole Wheat Bread

Order number of loaves.

#2140 You should be in my country kitchen on baking day. The aroma is wonderful as it drifts though the house! All Natural \$3.95/loaf

Ingredients: Freshly ground white wheat, purified water, raw milk, coconut oil, eggs,yeast, sea salt.

1.5 pound loaf in a plastic bread bag.

Whole Wheat Bread-Small Loaves

Order number of loaves.

#2141 You should be in my country kitchen on baking day. The aroma is wonderful as it drifts though the house! These little loaves are perfect for singles and those who want to make smaller servings. All Natural \$2.50/loaf

Ingredients: Freshly ground white wheat, purified water, raw milk, coconut oil, eggs, yeast, sea salt.

.75 pound loaf in a plastic bread bag.

Cake

#	Product	Type	Price
Quiet Waters Farm			
	White Chocolate covered Raspberry Bundt Cake Order number of cakes.		
#2169	Beautiful and yummy. Great for Valentines Parties. Can be frozen. Delightful butterly bundt cake with a Raspberry ribbon filling covered with white chocolate icing.		\$18.95/cake

Cookies

#	Product	Type	Price
Quiet Waters Farm			
	Chocolate Raspberry Valentine Cookies Order number of dozen.		
#2170	Wow your special Valentine with crisp, chocolate cut out cookies, filled with a raspberry and white chocolate ganache. One Dozen		\$4.25/dozen

Pies

#	Product	Type	Price
Harvest Valley Foods			
	Homemade Pie - Cherry - Frozen Order number of pies. Homemade, frozen and ready to bake in your oven. Enjoy the aroma as they bake!		\$10.00/pie
	Homemade Pie - Peach - Frozen Order number of pies. Homemade, frozen and ready to bake in your oven. Enjoy the aroma as they bake!		\$10.00/pie

Fruits

Apples

#	Product	Type	Price
Quiet Waters Farm			
	Apple Fruit Compote Order number of Tubs. Lovely Apple, Apricot & Raisin Compote! Take it out of the refrigerator, warm it up in a saucepan, and serve it as a dessert, with some homemade raw milk Ice cream and our Spice Cookies (see Baked Goods/Cookies) or on top of our Indian Griddle Cakes (see Breads/Mixes.		
#2126	Ingredients: Pure Apple Cider, Purified Water, Dried Apples, apricots and raisins, cinnamon, vanilla, cloves. 12 ounces packaged in a plastic deli container. Best Used within 3 weeks. Keep Refrigerated.		\$6.75/tub

Nuts & Seeds

Other

#	Product	Type	Price
Quiet Waters Farm			
#2142	Chai Spiced Nuts Order number of bags.		\$8.95/bag

Hurry! Order some of these before I munch on them ALL

Raw Cashews, Pecans, Walnuts and Almonds infused with comforting spices and honey. We begin by soaking the nuts according to the recipe in Nourishing Traditions adding the spices and honey then roasting them to perfection.

Ingredients:Cashews, Pecans, Walnuts, Almonds, spices, local honey, sea salt.

6 ounces, packaged in a cello bag.

Jams, Jellies, & Sweeteners

Honey

#	Product	Type	Price
All Things Natural			
	Raw Honey in 1# Glass Jar		
#1875	Order number of jars. Raw, natural honey. Harvested September 2009. Not heated or pasturized. Bee colonies maintained in Jefferson County. Jars contain one pound of honey.	All Natural	\$4.25/jar
	Raw Honey in 1# Plastic Jar		
#1121	Order number of jars. Raw, natural honey. Harvested September 2009. Not heated or pasturized. Bee colonies maintained in Jefferson County. Jars contain one pound of honey.	All Natural	\$4.25/jar

Jams and Jellies

#	Product	Type	Price
Quiet Waters Farm			
	Cranberry Chutney Order number of jars.		
#2046	Order number of jars. Product is contained in a octagon jar with a gold lid. This Cranberry Chutney was a hit at the coffee shop where we blended it and put it in some of our turkey sandwiches. The customers loved it so much they asked us to can some up so they could have it for the Holidays and for their sandwiches at home.		\$3.95/jar
	Ingredients:fresh cranberries, purified water, sugar, local naturally grown apples, all natural raisins, organic apple cider vinegar, Cinnamon, ginger, allspice & cloves.		
	Cranberry Chutney - Sugar Free Order number of jars.		
#2047	Order number of jars. Product is contained in a octagon jar with a gold lid. This Cranberry Chutney was a hit at the coffee shop where we blended it and put it in some of our turkey sandwiches. The customers loved it so much they asked us to can some up so they could have it for the Holidays and for their sandwiches at home. Now I've modified it to make it sugar free by using Zylitol a natural sugar substitute.		\$3.95/jar
	Ingredients:fresh cranberries, purified water, zylitol, local naturally grown apples, all natural raisins, organic apple cider vinegar, Cinnamon, ginger, allspice & cloves.		

Other

#	Product	Type	Price
Quiet Waters Farm			
	Pear Sauce Order number of pints.		
#2172	Delicious PEAR SAUCE make from ripe pears, local honey and a squeeze of lemon. Packaged in 1 pint jar with a pretty Pear label.		\$5.25/pint

Beverages

Coffee

#	Product	Type	Price
Kristy's Kitchen/K and C Ink Wells			
	HOT CHOCOLATE MIX - THE CREAMY CARAMEL MIX		
#2106	Order number of 1s. A great caramel and chocolate flavor. Ingredients: non-fat powdered milk, cocoa powder, powdered sugar, natural flavorings. Just add water and it makes 4 to five cups of cocoa. ALL COCOA MIXES ARE GLUTEN FREE TOO.		\$5.75/bag
	HOT CHOCOLATE MIX - THE DREAMY WHITE CHOCOLATE CHRISTMAS MIX		
#2105	Order number of 1s. Mike and our sons, Kyle and Cole always say that White Chocolate isn't chocolate unless it's dark chocolate. But even Mike likes this smooth and creamy mix. Ingredients: non-fat powdered milk, white chocolate chips, powdered sugar, natural flavorings. Just add water and it makes 4 to five cups of cocoa.		\$6.50/bag
	HOT CHOCOLATE MIX - THE ESPRESSO MOCHA MIX		
#2107	Order number of 1s. A deep and rich cocoa with espresso powder to give it that edge. Ingredients: non-fat powdered milk, cocoa powder, powdered sugar, espresso powder, natural flavorings. Just add water and it makes 4 to five cups of cocoa.		\$6.50/bag
	HOT CHOCOLATE MIX - THE EXTREME DARK CHOCOLATE MIX		
#2102	Order number of 1s. This is for those who dare to go over to the Dark Side... same basic ingredients, just more daring... and GF too.		\$6.00/bag
	HOT CHOCOLATE MIX - THE MELLOW MIX		
#2101	Order number of 1s. The ultimate in comfort food. A mellow chocolate flavor, creamy and rich, and it's Gluten Free too. Ingredients: non-fat powdered milk, cocoa powder, powdered sugar, natural flavorings. Just add water and it makes 4 to five cups of cocoa.		\$5.25/bag
	HOT CHOCOLATE MIX - THE PEPPERMINT TWIST MIX		
#2103	Order number of 1s. A rich, creamy and cool peppermint experience. Ingredients: non-fat powdered milk, cocoa powder, powdered sugar, natural flavorings. Just add water and it makes 4 to five cups of cocoa.		\$5.75/bag

Tea

#	Product	Type	Price
Quiet Waters Farm			
	Colds & Flu Herbal Tea		
	Order number of packages.		
	A soothing blend of blackberry leaves, elder flowers, linden flours and peppermint leaves. Drink 2-3 cups per day for a few days for prevention or soothing of cold and flu symptoms.		
	The information and statements presented here have not been evaluated or approved by the Food and Drug Administration. The use of herbs and essential oil for the prevention, treatment, mitigation or cure of disease has not been approved by the FDA or USDA. We therefore make no claims to this effect.		
#1325	We are not doctors. The information here is based on the traditional and historic use of herbs as well as personal experience and is provided for general reference and educational purposes only. It is not intended to diagnose, prescribe or promote any direct or implied health claims. This information is and products are not intended to replace professional medical advice. You should not use this information to diagnose or treat any health problems or illnesses without consulting your doctor. We present the products here and the information supplied here without guarantees, and we disclaim all liability in connection with the use of these products and/or information. Any person making the decision to act upon this information is responsible for investigating and understanding the effects of their own actions.	All Natural	\$10.95/package
	English Rose Herbal Tea		
#1220	Order number of packages. Herbal Teas are actually infusions since there is no 'tea' present. This is a delightful blend of Organic Red Rose Petals, Organic Lemon Balm and Organic Dried Rosemary. Use 1 1/2 teaspoons per cup and steep for 5-8 minutes	All Natural	\$5.50/package

Package contains 2 ounces of loose leaf tea in a blue foil resealable zipper pouch.

Jean is a certified Tea Consultant who has given "Tea Talks" and hosted Tea Parties with 4 to 100 participants. She now has created the first of many delightful Tea Blends all created with Organic Ingredients. We do not knowingly purchase ingredients from China

Lavender & Lace Green Tea

Order number of Packages. Delightful lavender green tea with hints of citrus Use 1 teaspoon per cup and brew no longer that 60-90 seconds.

#1272 Ingredients: Organic Green Tea, Organic Lavender, Organic Chamomile, Organic Lemon Peel.
Package contains 2 ounces of loose leaf tea in a blue foil resealable zipper pouch.

All Natural \$5.50/Package

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Soothing Herbal Tea

Order number of packages.

A calming herbal tea. Tastes great alone or add a bit of honey. Perfect for a few quiet moments with a good book. Packaged in a blue resealable zip lock bag. Bag contains 2 ounces. Use 1 teaspoon per 1 cup boiling water. Steep 10 minutes and strain.

Ingredients: Organic Peppermint Leaves, Organic Lemon Balm Leaves.

#1324 The information and statements presented here have not been evaluated or approved by the Food and Drug Administration. The use of herbs and essential oil for the prevention, treatment, mitigation or cure of disease has not been approved by the FDA or USDA. We therefore make no claims to this effect.

All Natural \$6.25/package

We are not doctors. The information here is based on the traditional and historic use of herbs as well as personal experience and is provided for general reference and educational purposes only. It is not intended to diagnose, prescribe or promote any direct or implied health claims. This information is and products are not intended to replace professional medical advice. You should not use this information to diagnose or treat any health problems or illnesses without consulting your doctor. We present the products here and the information supplied here without guarantees, and we disclaim all liability in connection with the use of these products and/or information. Any person making the decision to act upon this information is responsible for investigating and understanding the effects of their own actions.

Victorian Rose Green Tea

Order number of packages. Vintage flavored green tea that is perfect for those special occasions or your favorite tea time. We use a medium bodied Sencha green tea from Japan that is known to be high in polyphenols. Light green in the cup with a pleasant rose aroma and light citrus finish. Use 1 teaspoon per cup and brew no longer that 60-90 seconds.

#1213 Ingredients: Organic Japanese grown Green Tea, Organic Rose Petals, Organic Citrus peel.

All Natural \$5.50/package

Package contains 2 ounces of loose leaf tea in a blue foil resealable zipper pouch.

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The Tea Trove

Conga Spice

#2045 Order number of packages. Caffeine-free. A rooibos-based tisane with bits of apple, flowers, pineapple and cinnamon. It is best when allowed to steep 15 or more minutes. Each package contains 1 ounce of tisane yielding approximately 12.5, 8-oz servings. It cannot be re-steeped.

All Natural \$4.50/package

Sweet Heat Chai

#2038 Order number of packages. An organic white tea blended with lemongrass, cardemom, ginger and cinnamon. The tea is fair trade. Package contains two ounces of loose-leaf tea and is approximately 25, 8-oz servings. The tea may be steeped up to three times.

80% Organic \$8.50/package

Sweet Snowflakes			
#1942	Order number of packages. An aromatic, organic white tea with chocolate, raspberry and vanilla. The tea is fair trade. Package contains 2 ounces of loose-leaf tea and is approximately 25, 8-oz servings using 1 teaspoon. It may be steeped up to three times.	Certified Organic	\$8.50/package

Health and Beauty

Bath Salts/Oils

#	Product	Type	Price
KnK Family			
	Handmade bath salts - pint (16 oz) - "Happiness" fragrance (yellow color)		
#1198	Order number of pints. This is a pint of handmade bath salts with the Mary Kay (TM) fragrance "Happiness". The salts contain: epsom salt, glycerin, fragrance and yellow food dye. The salts are easy to use - simply add 1/4 cup to the bath water, under the faucet stream.		\$5.00/pint
	Handmade bath salts - pint (16 oz) - "Dreamy" fragrance (pink color)		
#1201	Order number of pints. This is a pint of handmade bath salts with the Mary Kay (TM) fragrance "Dreamy". The salts contain: epsom salt, glycerin, fragrance and pink food dye. The salts are easy to use - simply add 1/4 cup to the bath water, under the faucet stream.		\$5.00/pint
	Handmade bath salts - quart (32 oz) - "Harmony" fragrance (blue color)		
#1196	Order number of quarts. This is a quart of handmade bath salts with the Mary Kay (TM) fragrance "Harmony". The salts contain: epsom salt, glycerin, fragrance and blue food dye. The salts are easy to use - simply add 1/4 cup to the bath water, under the faucet stream.		\$9.00/quart

Misc. Health/Beauty

#	Product	Type	Price
Cool Hoties Therapy Wraps			
	Navy Fleece/Navy Flannel Hot/Cold Therapy Lower Back Wrap		
#2011	Order number of back wraps. Navy fleece with navy flannel, tie-on reversible lower back wrap filled with Nebraska grown cracked corn can be heated in the microwave for 1 to 2 minutes for lower back pain, sore or strained muscles, stomach aches or cramps, or just to warm up. Do NOT heat more than 2 minutes, may burn skin. For cold: put in freezer for a couple hours for inflammation, or hot flashes. Measures 7" X 25" in front, 5" in back. Great gift for "hard to buy for" parents and Grandparents, or yourself!		\$22.00/back wrap

Repellents

#	Product	Type	Price
Quiet Waters Farm			
	Scat Moth		
	Order number of bags.		
	It's almost time to store those winter clothes away because Spring is on our door step.		
	Moth Balls are toxic for moths.....and people too!!!		
#1302	This year use our unique blend of herbs (wormwood, lavender, rosemary) to keep those moths away and your clothing safe from those tiresome holes.	All Natural	\$2.25/bag
	Each 100% cotton bag contains an ounce of our herbal moth stopping blend.		
	These delightful bags of herbs are not just for moth control. They are also wonderful drawer fresheners.		

Non-Food Items

Apparel

#	Product	Type	Price
Kvam Family Farm			

Decoupage shoes (Art for your feet)

#578 Order number of pairs. "New life to old junk!" These old shoes were given new life by our daughter Sondra. Fairly durable but NOT waterproof. Hush Puppies brand (Size 8.5) Know someone who loves shoes? Consider this very unique one of a kind pair of shoes for their wardrobe or as a decoration. You could add a styrofoam chunk inside and arrange dry or silk flowers in them to make a bouquet for that fashion minded teen. And yes they can be worn just as they are only not in the snow and rain please. \$25.00/pair

Decoupage shoes (Art for your feet)

#579 Order number of pairs. "New life to old junk!" These old shoes were given new life by our daughter Sondra. Fairly durable but NOT waterproof. Kathy Lee Collection brand (size 8.5w) Here is a unique one of a kind gift for the fashion bug, musician or the music teacher. Add your own dry or silk flowers or even line with tissue and then add your own bag of candies to make a truly special gift. \$25.00/pair

Art

#	Product	Type	Price
Kristy's Kitchen/K and C Ink Wells			
#301	The Old Cook Stove Order number of 1s. 8 x 10		\$10.00/8x10
#302	The Old Cook Stove Order number of 1s. 5 x 7		\$6.00/5x7

Plant Seeds (non-food)

#	Product	Type	Price
Shoestring Acres Seed			
Butterfly Milkweed			
#2181	Order number of packets. 25-50 seed packet: Proceeds to be donated to Wachiska Audubon Society serving SE Nebraska. A fellow member gave me this seed from plants in her garden that were planted from seed harvested from local Audubon prairies. Beautiful plant that needs well-drained, sunny sites. Will grow in clay but don't overwater it. Bees love it, one of the few orange wildflowers native to our area.		\$2.50/packet
Narrow-leaf Coneflower			
#2183	Order number of packets. 25-50 seed packet: the most common echinacea growing wild in the state. This is not your garden center variety that will succumb to aster yellows like some of the new variants do. This does need a well-drained, sunny site. I've had trouble with rabbits eating mine in Lincoln. They don't bother it at the farm. Seed head persists through winter adding interest to the dormant garden. The root may be harvested in seven years for folk remedies. Native Americans steeped it for a medicinal tea.		\$2.25/packet
Rabbit Tobacco Seed			
#1396	Order number of packets. 25-50 seed packet, Pseudognaphalium obtusifolium: don't be deterred by the common name! This is a fun annual/biennial that dries well and emits a maple syrup odor when crushed or barometric conditions change. Has a long history of folk use and is adapted to average moisture sites. Germination instructions are provided on packet.		\$2.00/packet

Household Supplies

Kitchen Items

#	Product	Type	Price
Quiet Waters Farm			
Organic Cotton Dish/Wash Cloth			
#1224	Order number of items. 100% Organic Cotton Dish/Wash Cloth Made with Cotton produced and spun in Texas!!! Hand Crochet, Nothing Imported. You receive one in each package. Expect some shrinkage but colors will enhance as you use them. All natural colors.	All Natural	\$5.75/item
This Dish/Wash cloth is created with a bulky cotton giving it extra strength and bulk and an attractive light peach color.			

Prepared Foods (Refrigerated/Frozen)

Side Dishes, Sauces and Salsa

#	Product	Type	Price
Shadowbrook Farm			
	Pesto		
#700	Order number of containers. ShadowBrook certified organic basil, organic garlic, organic walnuts, olive oil, Romano and Parmesan cheeses made into delicious pesto. Great on pasta, eggs, toast or just by the spoonful. Packaged in an 8 ounce container.		\$7.00/container

Prepared Food (Non-Refrigerated)

Dry Goods

#	Product	Type	Price
Quiet Waters Farm			
	Great Plains Granola		
	Order number of packages.		
	Amber waves of grain, sweetened with honey and studded with chopped nuts and dried fruit, fill your cereal bowl with the bounty of the prairie. Enjoy for breakfast with warmed or cold milk, or later in the day as a dry snack.		
#2124	Contains 12 ounces granola packaged in Cello Bag.	All Natural	\$6.95/package
	Ingredients: Naturally grown red wheatberries (soaked & toasted), Organic Rolled Oats, butter, local honey, natural raisings, cranberries, almonds, pecans, coconut, cinnamon		
	Baked in our personal country kitchen.		
	Maple Nutty Granola		
	Order number of packages.		
	Absolutely Nutty! High in protein and full of fiber. We use only the finest all natural or organic ingredients.		
#1277	Contains 12 ounces granola packaged in Cello Bag.	All Natural	\$6.95/package
	Ingredients: Organic Rolled Oats, Organic Coconut Flakes, Organic, Fair Trade Maple Syrup, Organic Almonds, Organic Pecans, Organic Cashews, Organic Walnuts, Organic Sesame Seeds, Organic Sunflower seeds, ground Organic Flax Seed, Organic Hazelnuts, Coconut Oil, Dried Cranberries, Raisins, Organic Cinnamon, Organic Alspice, Sea Salt		
	Baked in our personal country kitchen.		
	Whole Grain Breakfast Porridge		
	Order number of bags.		
	Warmth from the inside and loaded with fiber and antioxidants. Taste great to boot!		
#2160	Serves 2	80% Organic	\$2.95/bag
	Organic Wild rice, Organic Oats, Organic barley, Organic farina, coconut, Organic apricots, cranberries, Organic blueberries, orange peel, cinnamon, sea salt.		
	Whole Grain Breakfast Porridge		
	Order number of bags.		
	Warmth from the inside and loaded with fiber and antioxidants. Taste great to boot!		
#2173	Serves 4	80% Organic	\$5.75/bag
	Organic Wild rice, Organic Oats, Organic barley, Organic farina, coconut, Organic apricots, cranberries, Organic blueberries, orange peel, cinnamon, sea salt.		

Unavailable Items

Out of Stock

#	Product	Type	Price
Clear Creek Organic Farms			
	monterey jack cheese		
#1583	Order number of blocks. This is cheese produced from certified organic, 100% grass (NO GRAIN) fed, jersey/jersey cross dairy cattle. It was processed by Dimock Dairy from Dimock, SD. They have been in business since 1931. Most are close to 1 pound blocks. If you want a little smaller/larger please specify and we will try to accomodate you the best we can. Thank you! We are currently out of this cheese. We will make more in the spring and we apologize for the inconvenience and thank you for your patience and understanding.	Certified Organic	\$5.75/pound
	smoked cheddar cheese		
#1579	Order number of blocks. This is cheese produced from certified organic, 100% grass (NO GRAIN) fed, jersey/jersey cross dairy cattle. Has hickory smoke flavoring. It was processed by Dimock Dairy from Dimock, SD. They have been in business since 1931. Most are close to 1 pound blocks. If you want a little smaller/larger please specify and we will try to accomodate you the best we can. Thank you! We are currently out of this, we will make more when we start up in the spring. We apologize for the inconvenience and thank you for your patience and understanding!!	Certified Organic	\$5.75/pound
Dakota Harvest Farm			
	001) Winter Slow Cooker Special		
#2145	Order number of packages. Winter is the time to enjoy the smell of slow cooked food. We are offering 4 of our grassfed shanks (.75 to .85 pound each)and a pound of stew meat for the special price of \$22.00. Enjoy!!!!	All Natural	\$22.00/package