

# Nebraska Food Cooperative March 2010 List of New Products

## Meats

### Beef

#	Product	Type	Price
<b>Hollenbeck Farms</b>			
#2187	<b>Hamburger</b> Order number of packages. 10 1 pound packages, 90-93% lean, Individually vacuum packed.	All Natural	\$44.00/package
<b>Nebraska's Finest Beef</b>			
#2221	<b>BEEF PATTIES (1 LB) - Certified ORGANIC Angus beef</b> Order number of packages. Certified Angus Beef made into quarter pound burgers just right for the grill. Four burgers per pack. Quick and easy.	Certified Organic	\$6.36/pound
#2206	<b>BEEF PATTIES 40 LB BOX -Certified Angus beef</b> Order number of boxes. Certified Angus Beef made into quarter pound burgers just right for the grill. Four burgers per pack. Quick and Easy!	All Natural	\$180.00/box
#2205	<b>BEEF PATTIES 20 LB BOX - Certified Angus beef</b> Order number of boxes. Certified Angus Beef made into quarter pound burgers just right for the grill. Four burgers per pack. Quick and Easy!	All Natural	\$98.00/box
#2204	<b>BEEF PATTIES - 1 lb packages - Certified Angus beef</b> Order number of packages. Certified Angus Ground Beef made into quarter pound burgers just right for the grill. Four burgers per pack. Quick and Easy!	All Natural	\$5.30/pound
#2234	<b>FILET STEAKS - Certified Organic Angus</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.5 pounds) Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.8 to 1 pound) 3/4 to 1 inch cuts. These are the best of all the steaks of our All natural Certified Angus. This beef comes from the very tender part of the beef. Of course it is grown without added hormones, antibiotics or animal by products and fed our organic pastures and finished on healthy grains. Boneless, vacuum sealed.	Certified Organic	\$19.14/pound
#2220	<b>HALF OF AN ORGANIC ANGUS BEEF</b> Order number of boxes. Order number of halves. (Half of the meat of a 1100 lb steer) 85 lbs of boneless steaks/roasts all vacuum sealed, and 115 pounds of ground beef in 1 lb chubs. 200 pounds of very good beef. This would be the same as five of our 40 lb family packs. All of our beef is non-irradiated, not treated with ammonia, with no added coloring or preservatives. This offer is the best bang for the buck!	Certified Organic	\$862.80/box
#2218	<b>HEART - Certified Angus Hearts</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.5 - 3.5 pounds) Order by the number of hearts you want. You will be billed for the exact PROCESSED weight (approx 2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.	All Natural	\$1.95/pound
#2278	<b>HEART - Certified Angus Beef - FLAX FED</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.5 - 3.5 pounds) Order by the number of hearts you want. You will be billed for the exact PROCESSED weight (approx 2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped. This product is high in Omega-3 content!	All Natural	\$2.15/pound
#2279	<b>HEART - Certified Belgian Blue Heart</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.5 - 3.5 pounds) Order by the number of hearts you want. You will be billed for the exact PROCESSED weight (approx 2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.	All Natural	\$1.95/pound
#2223	<b>HEART -Certified ORGANIC Angus Beef</b> Order number of packages. You will be billed for exact weight (approx. 2.5 - 3.5 pounds) Order by the number of hearts you want. You will be billed for the exact PROCESSED weight (approx	Certified Organic	\$2.34/pound

2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.

<b>#2343</b>	<b>MINUTE STEAKS OR CUBED - Certified Angus FLAX FED (tenderized)</b>	Certified Organic	\$4.39/pound
	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.5 pounds) Order the number of packages you want. You will be billed for the exact PROCESSED		

weight. (approx 1/2 to 1 lb) cut 3/4 thick. This is a round steak that has been tenderized.  
Boneless, vacuum sealed.

**#2227 STEW MEAT - Certified Organic Angus**

Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 2

Certified \$6.59/pound  
Organic

pounds) Order number of packages. You will be billed for the exact PROCESSED weight (approx 1 to 2 lb)Lean beef with the flavor you expect. Boneless, Vacuum sealed.

#2226	<b>TIP ROAST - Certified Organic Angus</b>	Certified Organic	\$5.82/pound
	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 -		

3.25 pounds) Order number of packs you want. You will be billed for the exact PROCESSED weight (approx. 1.75 to 3.25) Boneless, vacuum sealed. Try it you'll love it.

#2285

All  
Natural \$2.29/pound

**TONGUE - BELGIAN BLUE BEEF**

Order number of packages. You will be billed for exact PROCESSED weight (approx. 2 - 3.5 pounds) Order by the number of packages. You will be billed for the exact PROCESSED weight (2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.

#2225

\$2.75/pound

**TONGUE - Certified ORGANIC Angus Beef**

Certified  
Organic

Order number of packages. You will be billed for exact PROCESSED weight (approx. 2 - 3.5 pounds) Order by the number of packages. You will be billed for the exact PROCESSED weight (2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.

#2217

\$2.29/pound

**TONGUE- Certified Angus Beef**

Order number of packages. You will be billed for exact PROCESSED weight (approx. 2 - 3.5 pounds) Order by the number of packages. You will be billed for the exact PROCESSED weight (2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.

All  
Natural

	<b>CHUCK EYE STEAKS - Certified Organic Angus</b>		
#2224	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.7 - 1.2 pounds) Order by the number of packages (2 per package) You will be billed for the exact PROCESSED weight (.7 to 1 lb). All of our beef is dry aged, no less than 14 days making it really tender. Boneless, vacuum sealed.	Certified Organic	\$8.29/pound
	<b>CHUCK EYE STEAKS - Certified Angus</b>		
#2211	Order number of pounds. Order by the number of packages (2 per package) You will be billed for the exact PROCESSED weight (.7 to 1 lb). All of our beef is dry aged, no less than 14 days making it really tender. Boneless, vacuum sealed.	All Natural	\$6.89/pound
	<b>CHUCK ROAST - Certified Angus</b>		
#2195	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1.75 - 3.25 pounds) Order number of packages you want. You will be billed for the exact PROCESSED weight (approx. 1.75 to 3.25 lb) This is the best of the best. We kid you not! Boneless and vacuum sealed.	All Natural	\$4.95/pounds
	<b>CHUCK ROAST - Certified ORGANIC Angus Beef</b>		
#2235	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 - 3.25 pounds) Order number of packages you want. You will be billed for the exact PROCESSED weight (approx. 1.75 to 3.25 lb) This is the best of the best. We kid you not! Boneless and vacuum sealed. List if you prefer small or large.	Certified Organic	\$5.94/pounds
	<b>FILET STEAKS - Certified Angus</b>		
#2214	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.5 pounds) Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.8 to 1 pound) 3/4 to 1 inch cuts. These are the best of all the steaks of our All natural Certified Angus. This beef comes from the very tender part of the beef. Of course it is grown without added hormones, antibiotics or animal by products and fed our organic pastures and finished on healthy grains. Boneless, vacuum sealed.	All Natural	\$15.95/pound
	<b>GROUND BEEF (1 LB) - Certified Angus Beef FLAX FED</b>		
#2219	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) 1 lb packages. At a savings to you \$3.84! High in Omega-3 and CLA content.	All Natural	\$3.51/pound
	<b>GROUND BEEF - BELGIAN BLUE (LEAN 94%) - 1 LB PACKS</b>		
#2275	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) Order numbers of packages approx. 1 lb each. You will be billed for the exact weight. Certified Natural Angus Taste you can't beat. Beef from Nebraska's Finest Meats is free of any growth hormones, antibiotics, and has been on 100% vegetarian diet, all humanely raised our family farm. This breed of beef is naturally lean averaging 93 to 95% lean!	All Natural	\$3.52/pound
	<b>GROUND BEEF - BELGIAN BLUE (FLAX FED) - 1 lb packs</b>		
#2276	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) Order numbers of packages approx. 1 lb each. You will be billed for the exact weight. Certified Natural Angus flax fed beef. Taste you can't beat and high in Omega-3 content. Beef from Nebraska's Finest Meats is free of any growth hormones, antibiotics, and has been on 100% vegetarian diet, all humanely raised our family farm. This product is naturally lean!	All Natural	\$3.68/pound
	<b>GROUND BEEF - Certified Angus 50 lb box</b>		
#2203	Order number of boxes. The taste you love! Bargain price of \$3.25 lb.	All Natural	\$162.50/box
	<b>GROUND BEEF - CERTIFIED ANGUS - 10 lb box</b>		
#2200	Order number of boxes. 1 lb packages. At a savings to you \$3.75 lb	All Natural	\$37.50/box
	<b>GROUND BEEF - CERTIFIED ANGUS - 10 lb box FLAX FED</b>		
#2372	Order number of boxes. 1 lb packages.	All Natural	\$34.97/box
	<b>GROUND BEEF - Certified Angus 20 lb box</b>		
#2202	Order number of boxes. Big saving at \$3.50 a pound in one pound chubs.	All Natural	\$70.40/box
	<b>GROUND BEEF - CERTIFIED ANGUS BEEF - 1 LB</b>		
#2201	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) Order numbers of packages approx. 1 lb each. You will be billed for the exact weight. Certified Natural Angus Taste you can't beat. Beef from Nebraska's Finest Meats is free of any growth hormones, antibiotics, and has been on 100% vegetarian diet, all humanely	All Natural	\$3.20/pound

raised our family farm.

<b>#2273</b>	<b>GROUND BEEF - FLAX FED ANGUS - Certified Angus (Omega-3 Beef)</b>	All Natural	\$3.52/pound
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Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) Order numbers of packages approx. 1 lb each. You will be billed for the exact weight. Certified Natural Angus flax fed beef. Taste you can't beat and high in Omega-3 content. Beef from Nebraska's Finest Meats is free of any growth hormones, antibiotics, antibiotics and has

been on 100% vegetarian diet, all humanely raised our family farm.

<b>#2222</b>	<b>GROUND BEEF 10 LB BOX - Certified Organic Angus Beef</b> Order number of boxes. 1 lb packages	Certified Organic	\$37.80/box
<b>#2370</b>	<b>GROUND BEEFALO - 3/8 BISON &amp; 5/8 BEEF</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2	All Natural	\$4.35/pound

pounds) THIS PRODUCT IS BUFFALO AND BEEF MIXED FROM FLAX/CORN FED ANIMALS! Melt in your mouth delicious taste! Order numbers of packages approx. 1 lb each. You will be billed for the exact weight. High in Omega-3 and CLA. Try it you will keep coming back for more!

#2371

\$4.35/pound

	<b>GROUND BEEFALO - 3/8 BISON &amp; 5/8 BEEF- 10 lb box</b>	All Natural	
	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) THIS PRODUCT IS BUFFALO AND BEEF MIXED FROM FLAX/CORN FED ANIMALS! Melt in your mouth delicious taste! Order numbers of packages approx. 1 lb each. You will be billed for the exact weight. High in Omega-3 and CLA. Try it you will keep coming back for more!		
#2194	<b>GROUND ROUND - Certified Angus (EXTRA LEAN )</b>	All Natural	\$6.00/pound
	Order number of pounds. This is ground round packaged in one pound chubs. Very lean!		
	<b>HEART - CERTIFIED BELGIAN BLUE (FLAX FED)</b>		
#2280	Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.5 - 3.5 pounds) Order by the number of hearts you want. You will be billed for the exact PROCESSED weight (approx 2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped. This product is high in omega-3 content!	All Natural	\$2.15/pound
	<b>LIVER - FLAX FED BELGIAN BLUE</b>		
#2284	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) Order by number of packages. You will be billed for the exact PROCESSED weight (1 to 2 pounds) sliced and vacuum package or frozen wrapped. High in Omega-3 content!	All Natural	\$2.15/pound
	<b>LIVER - Certified Angus Beef</b>		
#2215	Order number of pounds. You will be billed for exact weight (approx. 1 - 2 pounds) Order by number of packages. You will be billed for the exact PROCESSED weight (1 to 2 pounds) vacuum package or frozen wrapped.	All Natural	\$1.95/pound
	<b>LIVER - Certified Angus Beef (Flax fed)</b>		
#2281	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) Order by number of packages. You will be billed for the exact PROCESSED weight (1 to 2 pounds) sliced and vacuum package or frozen wrapped. High in Omega-3 content!	All Natural	\$2.15/pound
	<b>LIVER - Certified Belgian Blue Beef</b>		
#2283	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) Order by number of packages. You will be billed for the exact PROCESSED weight (1 to 2 pounds) vacuum package or frozen wrapped.	All Natural	\$1.95/pound
	<b>LIVER - Certified Organic Angus Beef</b>		
#2236	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.8 - 2 pounds) Order by number of packages. You will be billed for the exact PROCESSED weight (1 to 2 pounds) vacuum package or frozen wrapped.	Certified Organic	\$2.34/pound
	<b>MINUTE STEAK OR CUBED STEAK - Certified Angus (tenderized)</b>		
#2209	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.5 pounds) Order the number of packages you want. You will be billed for the exact PROCESSED weight. (approx 1/2 to 1 lb) cut 3/4 thick. This is a round steak that has been tenderized. Boneless, vacuum sealed.	All Natural	\$3.99/pound
	<b>MINUTE STEAK OR CUBED STEAK - Certified Belgian Blue (tenderized)</b>		
#2349	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.5 pounds) Order the number of packages you want. You will be billed for the exact PROCESSED weight. (approx 1/2 to 1 lb) cut 3/4 thick. This is a round steak that has been tenderized. Boneless, vacuum sealed.	All Natural	\$3.99/pound
	<b>MINUTE STEAKS - Certified ORGANIC Angus Minute Steak (tenderized)</b>		
#2233	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.5 pounds) Order the number of packages you want. You will be billed for the exact PROCESSED weight. (approx 1/2 to 1 lb) cut 3/4 thick. This is a round steak that has been tenderized. Boneless, vacuum sealed.	Certified Organic	\$4.79/pound
	<b>NEW YORK STRIP STEAK - Certified Angus</b>		
#2210	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9 pounds) Order the number of steaks you want. You will be billed for the exact PROCESSED weight (.5 to .9 pounds) Tell us what you want small, medium, or large. 3/4 inch cuts Boneless, vacuum sealed.	All Natural	\$10.49/pound
	<b>NEW YORK STRIP STEAK - Certified BELGIAN BLUE (LEAN)</b>		
#2346	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9 pounds) Order the number of steaks you want. You will be billed for the exact PROCESSED	All Natural	\$10.49/pound

weight (.5 to .9 pounds) Tell us what you want small, medium, or large. 3/4 inch cuts Boneless, vacuum sealed.

#2232	<b>NEW YORK STRIP STEAKS - Certified Organic Angus Steaks</b>	Certified Organic	\$12.59/pound
	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.5 - 1.2		

pounds) Order the number of steaks you want. You will be billed for the exact PROCESSED weight (.5 to .9 pounds) Tell us what you want small, medium, or large. 3/4 inch cuts Boneless, vacuum sealed.

**#2272 OX TAIL - Certified Angus (Flax fed)**

Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1 - 3

All  
Natural

\$1.95/pound

pounds) This product is federally inspected. It is born and raised in Nebraska and was fed Flax for the last 70 days prior to harvest, to raise the Omega-3 levels in it. Making it good tasting and good for your health. \r\nOrder by the pound. You will be charged for the actual process weight of the product. Normal range is 1.5 to 2.5 lbs. This product may be freezer wrapped or vacuum sealed.

#2216	<b>OXTAIL - Certified Angus</b>	All Natural	\$1.95/pound
Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1.5 - 2.5			

pounds) Order by the number of packages. (1.5 to 2.5 Pound each) freezer wrapped.

#2231

\$2.34/pound

**OXTAIL - Certified Organic Angus Oxtail**

Certified  
Organic

Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.5 - 2.5 pounds) Order by the number of packages. (1.5 to 2.5 Pound each) freezer wrapped.

#2345

\$11.95/pound

**RIB EYE STEAKS - Certified Angus ORGANIC**

Certified  
Organic

Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9 pounds) Order number of steaks. You will be billed by the exact PROCESSED weight (approx .5 - .9 ) Tell us if you prefer large or small. Boneless, vacuum sealed all of beef is dry aged for 14 days or more making it extra tender.

	<b>RIB EYE STEAKS - Certified Angus Rib eye steak</b>		
#2213	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9 pounds) Order number of steaks. You will be billed by the exact PROCESSED weight (approx .5 - .9 ) Tell us if you prefer large or small. Boneless, vacuum sealed all of beef is dry aged for 14 days or more making it extra tender.	All Natural	\$9.95/pound
	<b>RIB EYE STEAKS - Certified BELGIAN BLUE</b>		
#2230	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9 pounds) Order number of steaks. You will be billed by the exact PROCESSED weight (approx .5 - .9 ) Tell us if you prefer large or small. Boneless, vacuum sealed all of beef is dry aged for 14 days or more making it extra tender.	All Natural	\$9.95/pound
	<b>RUMP ROAST - Certified Angus (Flax fed)</b>		
#2290	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 - 3 pounds) Order how many you want. You will be billed for the exact PROCESSED weight. (approx 1.75 to 3 pounds each) Tender and juicy. Boneless, Vacuum sealed. Try it you'll love it.	All Natural	\$5.45/pounds
	<b>RUMP ROAST - Certified Angus</b>		
#2196	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1.75 - 3 pounds) Order how many you want. You will be billed for the exact PROCESSED weight. (approx 1.75 to 3 pounds each) Tender and juicy. Boneless, Vacuum sealed. Try it you'll love it.	All Natural	\$4.95/pounds
	<b>RUMP ROAST - Certified Organic Angus</b>		
#2229	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 - 3 pounds) Order how many you want. You will be billed for the exact PROCESSED weight. (approx 1.75 to 3 pounds each) Tender and juicy. Boneless, Vacuum sealed. Try it you'll love it.	Certified Organic	\$5.94/pounds
	<b>SIRLION STEAK - Certified Angus</b>		
#2212	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.6 - 0.9 pounds) Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.6 to .75 pounds) Vacuum sealed, boneless.	All Natural	\$8.75/pound
	<b>SIRLION STEAK - Certified BELGIAN BLUE</b>		
#2347	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.6 - 0.9 pounds) Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.6 to .75 pounds) Vacuum sealed, boneless.	All Natural	\$8.75/pound
	<b>SIRLION STEAK - Certified Organic Angus</b>		
#2228	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.6 - 1.5 pounds) Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.6 to .75 pounds) Vacuum sealed, boneless.	Certified Organic	\$10.50/pound
	<b>STEW MEAT - Certified Angus</b>		
#2208	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) Order number of packages. You will be billed for the exact PROCESSED weight (approx 1 to 2 lb)Lean beef with the flavor you expect. Boneless, Vacuum sealed.	All Natural	\$5.49/pound
	<b>STEW MEAT - Certified Angus ORGANIC</b>		
#2344	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) Order number of packages. You will be billed for the exact PROCESSED weight (approx 1 to 2 lb)Lean beef with the flavor you expect. Boneless, Vacuum sealed.	Certified Organic	\$6.59/pound
	<b>TIP ROAST - Certified Angus</b>		
#2207	Order number of packages. You will be billed for exact weight (approx. 1.5 - 3.5 pounds) Order number of packs you want. You will be billed for the exact PROCESSED weight (approx. 1.75 to 3.25) Boneless, vacuum sealed. Try it you'll love it.	All Natural	\$4.85/pound
	<b>TONGUE - BELGIAN BLUE (FLAX FED)</b>		
#2286	Order number of packages. You will be billed for exact PROCESSED weight (approx. 2 - 3.5 pounds) Order by the number of packages. You will be billed for the exact PROCESSED weight (2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.	All Natural	\$2.52/pound
	<b>TONGUE - Certified Angus (Flax fed) Beef</b>		
#2287	Order number of packages. You will be billed for exact PROCESSED weight (approx. 2 - 3.5 pounds) Order by the number of packages. You will be billed for the exact PROCESSED weight (2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.	All Natural	\$2.52/pound

## Beef - Grass-Finished

#	Product	Type	Price
<b>Clear Creek Organic Farms</b>			
	<b>Ground Beef</b>		
#2237	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.95 - 1.1 pounds) Very lean ground beef from our jersey steers from our dairy. These steers are grass-fed. The whole steer was ground so it contains all the fine cuts which we believe gives it a very desirable flavor.	Certified Organic	\$4.50/pound
<b>Dakota Harvest Farm</b>			
	<b>01)Certified Grassfed T-Bone Steak</b>		
#2317	Order number of packages. You will be billed for exact weight (approx. 1.25 - 2.25 pounds) With our beef you enjoy the real taste of what old world beef tasted like. Our herd of Dexters produce a very red and lean beef. Our steaks are cut about 3/4 inch thick with 2 per package. Remember this is all grassfed and needs to be cooked slowly.	All Natural	\$14.00/pound
<b>Kvam Family Farm</b>			
	<b>Round Steak- Grass fed &amp; finished</b>		
#2384	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 - 2.25 pounds) Great steaks for fajitas, swiss steak and many other dishes. 2 steaks per package.	All Natural	\$9.00/pound
<b>Nebraska's Finest Beef</b>			
	<b>HEART - Certified Angus Hearts</b>		
#2277	Order number of pounds. You will be billed for exact PROCESSED weight (approx. 2.5 - 3.5 pounds) Order by the number of hearts you want. You will be billed for the exact PROCESSED weight (approx 2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.	All Natural	\$2.24/pound
	<b>Certified Angus Chuck eye steaks</b>		
#2302	Order number of packages. You will be billed for exact weight (approx. 0.7 - 1.5 pounds) Order by the number of packages (2 per package)You will be billed for the exact PROCESSED weight (.7 to 1 lb). All of our beef is dry aged, no less than 14 days making it really tender. Boneless,vacuum sealed.	All Natural	\$7.92/pound
	<b>Certified Angus Chuck Roast</b>		
#2301	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 - 3.5 pounds) Order number of packages you want. You will be billed for the exact PROCESSED weight (approx. 1.75 to 3.25 lb) This is the best of the best. We kid you not! Boneless and vacuum sealed.	All Natural	\$5.94/pounds
	<b>Certified Angus Filet Steaks</b>		
#2298	Order number of packages. Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.8 to 1 pound) 1 inch cuts. These are the best of all the steaks of our All natural Certified Angus. This beef comes from the very tender part of the beef. Of course it to is grown without added hormones, antibiotics or animal by products and fed our pastures. Boneless, vacuum sealed.	All Natural	\$18.34/pound
	<b>Certified Angus Rump Roast</b>		
#2289	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 - 3 pounds) Order how many you want. You will be billed for the exact PROCESSED weight. (approx 1.75 to 3 pounds each) Tender and juicy. Boneless, Vacuum sealed. Try it you'll love it.	All Natural	\$5.69/pounds
	<b>Certified Angus Sirlion Steak</b>		
#2300	Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.6 - 1 pounds) Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.6 to .75 pounds) Vacuum sealed, boneless.	All Natural	\$10.06/pound
	<b>Certified Angus Stew meat</b>		
#2295	Order number of packages. You will be billed for exact weight (approx. 0.8 - 2 pounds) Order number of packages. You will be billed for the exact PROCESSED weight (approx 1 to 2 lb)Lean beef with the flavor you expect. Boneless, Vacuum sealed.	All Natural	\$6.31/pound
	<b>Certified Angus Tip Roast</b>		
#2296	Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.75 - 3.5 pounds) Order number of packs you want. You will be billed for the exact PROCESSED weight	All Natural	\$5.58/pound

(approx. 1.75 to 3.25) Boneless, vacuum sealed. Try it you'll love it.

<b>#2282</b>	<b>Certified Angus Beef Liver</b> Order number of pounds. You will be billed for exact weight (approx. 0.8 - 2 pounds) Order by number of packages. You will be billed for the exact PROCESSED weight (1 to 2 pounds) sliced and vacuum package or frozen wrapped. High in Omega-3 content!	All Natural	\$2.24/pound
<b>#2292</b>	<b>Certified Angus Minute Steak (tenderized)</b> Order number of packages. Order the number of packages you want. You will be billed for the exact PROCESSED weight. (approx 1/2 to 2lb) cut 3/4 thick. This is a two round steaks that have been tenderized. Boneless, vacuum sealed.	All Natural	\$6.31/pound
<b>#2299</b>	<b>Certified Angus New York Strip steak</b> Order number of packages. Order the number of steaks you want. You will be billed for the exact PROCESSED weight (.5 to .9 pounds) Tell us what you want small, medium, or large. 3/4 inch cuts Boneless, vacuum sealed. 1 inch cuts available on request, but more weight per package.	All Natural	\$12.06/pound
<b>#2294</b>	<b>Certified Angus Rib eye steak</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9 pounds) Order number of steaks. You will be billed by the exact PROCESSED weight (approx .5 - .9 ) Tell us if you prefer large or small. Boneless, vacuum sealed all of beef is dry aged for 14 days or more making it extra tender.	All Natural	\$11.44/pound
<b>#2288</b>	<b>Certified Angus Tongue</b> Order number of packages. You will be billed for exact weight (approx. 2 - 3.5 pounds) Order by the number of packages. You will be billed for the exact PROCESSED weight (2.5 to 3.5 pounds each) vacuum sealed or freezer wrapped.	All Natural	\$2.63/pound
<b>#2306</b>	<b>COMBO PACK - Certified Angus Beef (20lb) Family pack</b> Order number of boxes. Humanely born/raised in Nebraska! Approx. 9 lbs of steaks/roasts, 11 lbs of ground beef in 1 lb chubs! (boneless)	All Natural	\$90.20/box
<b>#2305</b>	<b>COMBO PACK - Certified Angus Beef (40lb) Family pack</b> Order number of boxes. Humanely Nebraska born/raised! approx 17 lbs of steaks/roasts 23 lbs of ground beef in 1 lb chubs! (boneless)	All Natural	\$177.10/box
<b>#2297</b>	<b>Ground Angus Ground Beef 10 lb box</b> Order number of boxes. 1 lb packages.	All Natural	\$36.20/box
<b>#2303</b>	<b>Ground Angus Ground Beef 20 lb box</b> Order number of boxes. 1 lb packages.	All Natural	\$73.60/box
<b>#2304</b>	<b>Ground Angus Ground Beef 50 lb box</b> Order number of boxes. 1 lb packages.	All Natural	\$175.38/box
<b>#2274</b>	<b>GROUND BEEF - Certified Angus GRASS FED</b> Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) Order numbers of packages approx. 1 lb each. You will be billed for the exact weight. Certified Natural Angus grass fed beef. Taste you can't beat and high in Omega-3 content. Beef from Nebraska's Finest Meats is free of any growth hormones, antibiotics, antibiotics and has been on 100% vegetarian diet, all humanely raised our family farm.	All Natural	\$3.68/pound

## Buffalo

#	Product	Type	Price
<b>Nebraska's Finest Beef</b>			
<b>#2367</b>	<b>BUFFALO RIB EYE STEAKS</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9 pounds) Order number of steaks. You will be billed by the exact PROCESSED weight (approx .5 - .9 ) Tell us if you prefer large or small. Boneless, vacuum sealed all of beef and buffalo is dry aged for 14 days or more making it extra tender.	All Natural	\$14.49/pound
<b>#2369</b>	<b>BUFFALO FILET STEAKS</b> Order number of packages. Order by the number of steaks you want. You will be billed for the exact PROCESSED weight (.8 to 1 pound) 1 inch cuts. These are the best of the best! Of course it is grown without added hormones, antibiotics or animal by products. Boneless, vacuum sealed. This is buffalo is flax/corn fed for a high CLA and Omega-3 content and wonderful corn fed taste.	All Natural	\$22.99/pound
<b>#2368</b>	<b>BUFFALO NEW YORK STRIPS</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.5 - 0.9	All Natural	\$15.39/pound

pounds) Order the number of steaks you want. You will be billed for the exact PROCESSED weight (.5 to .9 pounds) Tell us what you want small, medium, or large. 3/4 inch cuts Boneless, vacuum sealed. 1 inch cuts available on request, but more weight per package.

<b>#2364</b>	<b>GROUND BUFFALO (BISON) 10 lb box</b> Order number of boxes. 1 lb packages. This is corn/flax fed for high CLA's and Omega-3 content, for a wonderful corn fed taste too.	All Natural	\$56.00/box
<b>#2365</b>	<b>GROUND BUFFALO (BISON) 20 lb box</b> Order number of boxes. 1 lb packages. This is Flax/corn for a wonderful taste and high CLA and Omega-3 content!	All Natural	\$109.00/box
<b>#2366</b>	<b>GROUND BUFFALO (BISON) 50 lb box</b> Order number of boxes. 1 lb packages. This is Flax/corn fed for a wonderful taste and high CLA and Omega-3 content!	All Natural	\$265.00/box
<b>#2363</b>	<b>GROUND BUFFALO (BISON) (1 LB)</b> Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.2 pounds) Order by number of packages approx 1 lb each. You will be billed for the exact weight. This bison is corn/flax fed for a high Omega-3 content. It has a higher content of CLA's and Omega-3 than grass fed buffalo because it has been fed 10% flax 70 days prior to harvest! It has a delicious taste because it is cornfed too. It is born and raised humanely in Nebraska on our farm.	All Natural	\$5.75/pound

## Lamb - Grass-Finished

#	Product	Type	Price
<b>Dakota Harvest Farm</b>			
	<b>5a)Ground Lamb Patties</b>		
<b>#2316</b>	Order number of packages. You will be billed for exact weight (approx. 0.98 - 1.1 pounds) <b>Each package contains 4 patties of grassfed Ground Lamb.</b> Cook on the stovetop or on the grill and just enjoy.	All Natural	\$6.75/pound

## Pork

#	Product	Type	Price
<b>Chisholm Family Farm</b>			
	<b>Soy-Free Pastured Pork - Chorizo Sausage</b>		
<b>#2188</b>	Order number of packages. You will be billed for exact weight (approx. 0.85 - 1.25 lbs) Wonderful mexican sausage! Fabulous served with beans and rice, makes FABULOUS breakfast burritos! Just the right amount of heat. Our pigs are kept on rotational pasture and forage is the mainstay of their diet. They are supplemented with locally grown organic soy-free grains, fresh raw milk from our jersey cows and whey when we make cheese. Our farm follows organic practices, we are just not certified organic. Chorizo sausage seasonings are completely natural... no MSG, no preservatives, no nitrates or nitrites, nothing artificial at all. Just pork and our special spice blend. Packages are roughly one pound each and this is bulk sausage, not links.	80% Organic	\$7.00/lb
	<b>Soy-Free Pastured Pork - Country Style Ribs</b>		
<b>#2191</b>	Order number of packages. You will be billed for exact weight (approx. 2 - 3 lbs) Country style ribs - approx 2 lb packages Our pigs are raised on rotational pasture with forage the mainstay of their diet. They are supplemented with locally grown organic grains, fresh raw milk from our jersey herd and when when we make cheese. VERY LIMITED SUPPLY!	80% Organic	\$7.00/lb
	<b>Soy-Free Pastured Pork - Ground Pork</b>		
<b>#2193</b>	Order number of packages. You will be billed for exact weight (approx. 0.85 - 1.15 lbs) Approx 1 lb packages - Ground pork. We love to make pork-burgers out of these! Try pork meatballs for something different. Our pigs are raised on rotational pasture with forage being the mainstay of their diet. They are supplemented with locally grown organic grains, fresh raw milk from our jersey herd, and whey when we make cheese.	80% Organic	\$6.50/lb
	<b>Soy-Free Pastured Pork - Pork Steaks</b>		
<b>#2192</b>	Order number of packages. You will be billed for exact weight (approx. 1 - 2 lbs) 2 steaks to a package. Aprox 1.5 lb total weights each package. Our pigs are raised on rotational pasture with forage being the mainstay of their diet. They are supplemented with locally grown organic soy-free grains, fresh milk from our jersey cows, and whey when we make cheese.	80% Organic	\$9.00/lb
<b>#2190</b>			\$7.50/lb

**Soy-Free Pastured Pork - Uncured Bacon**

Order number of packages. You will be billed for exact weight (approx. 0.95 - 1.15 lbs) Uncured Bacon. Fresh side pork sliced into bacon strips, not cured..just fresh pork. Sure to be a family favorite... tastes like a little pork chop YUM! Approx 1 lb packages - very limited supply Our pigs are raised on rotational pasture with forage being the mainstay of their diet. They are supplemented with locally grown organic soy-free grains, fresh raw milk from our jersey cows, and whey when we make cheese.

80%  
Organic

**Harvest Valley Foods**

**SPECIAL - PORK CHOPS - BONELESS**

**#2348** Order number of packs. You will be billed for exact weight (approx. 0.8 - 1.2 lb.s) Fire up that grill and throw on some great pork chops!!!! Special this month at \$4.50/lb. Regular price is \$4.95/lb. SAVE & STOCK UP TODAY!!!!

All  
Natural

\$4.50/lb.

**SPECIAL - SLICED HAM - SMOKED**

**#2350** Order number of packs. You will be billed for exact weight (approx. 0.97 - 1.02 lb.s) Ready to eat "better-than-deli" sliced ham. Makes a great ham sandwich or wrap. Stock up today at this special price. Quantities are limited.

All  
Natural

\$4.00/lb.

**North Star Neighbors**

**Boston Pork Butt**

**#2374** Order number of packages. You will be billed for exact PROCESSED weight (approx. 6 - 8 pounds)

All  
Natural

\$4.50/pound

**Poultry**

**Chicken**

# Product

Type

Price

**Kvam Family Farm**

**\*\*\*Preorder Info for 2010 Pasture Raised Broiler Chickens\*\***

Order number of Infos. Once again we are taking preorders for our pasture raised broiler chickens. By placing a preorder you not only help us with financing the endeavor for the year but you guarantee you will be getting the number of chickens you want and need. How it works...place an order for the number of chickens you want each month. (Months are listed as different items.) You will be charged a deposit of \$7 which will be deducted from your total when the bird is delivered. Keep track of the number you order and for which months so when that month comes around you can place an order for the delivery of the bird. At that time you will be charged \$3.55/lb less the \$7 you already paid. If you do not preorder we may still have chicken available but most months we find we are sold out so we strongly encourage you to preorder. If you have further questions please drop us an e-mail mkvam@skywww.net

All  
Natural

**#2377**

**1) Broilers- Pasture raised- May Delivery (Deposit)**

Order number of deposits. Order now for May delivery. \$3.55/pound. We believe in community supported farming-your deposit helps us finance the production of the the foods you want and need. Chickens can be delivered at the NFC location, at the Village Pointe Farmers Market or the Benson Farmers Market. Our birds are raised in bottomless pens that are moved daily. Organic feed is given as well as the bugs and fresh grass they forage for themselves. All birds will be frozen whole for NFC delivery. (Approx 3-4.25 lbs)  
Extra charge: \$7.00/deposit

All  
Natural

\$7.00/deposit

**#2378**

**2) Broilers- Pasture raised- June Delivery (Deposit)**

Order number of deposits. Order now for June delivery. \$3.55/pound. We believe in community supported farming-your deposit helps us finance the production of the the foods you want and need. Chickens can be delivered at the NFC location, at the Village Pointe Farmers Market or the Benson Farmers Market. Our birds are raised in bottomless pens that are moved daily. Organic feed is given as well as the bugs and fresh grass they forage for themselves. All birds will be frozen whole for NFC delivery. (Approx 3-4.25 lbs)  
Extra charge: \$7.00/deposit

All  
Natural

\$7.00/deposit

**#2379**

**3) Broilers- Pasture raised- July Delivery (Deposit)**

Order number of deposits. Order now for July delivery. \$3.55/pound. We believe in community supported farming-your deposit helps us finance the production of the the foods you want and need. Chickens can be delivered at the NFC location, at the Village Pointe Farmers Market or the Benson Farmers Market. Our birds are raised in bottomless pens that are moved daily.

All  
Natural

\$7.00/deposit

**#2380**

Organic feed is given as well as the bugs and fresh grass they forage for themselves. All birds will be frozen whole for NFC delivery. (Approx 3-4.25 lbs)

Extra charge: \$7.00/deposit

**4) Broilers- Pasture raised- August Delivery (Deposit)**

**#2382** Order number of deposits. Order now for August delivery. \$3.55/pound. We believe in community supported farming-your deposit helps us finance the production of the the foods you want and need. Chickens can be delivered at the NFC location, at the Village Pointe Farmers Market or the Benson Farmers Market. Our birds are raised in bottomless pens that are moved daily. Organic feed is given as well as the bugs and fresh grass they forage for themselves. All birds will be frozen whole for NFC delivery. (Approx 3-4.25 lbs)  
Extra charge: \$7.00/deposit

All Natural \$7.00/deposit

**5) Broilers- Pasture raised- Sept. Delivery (Deposit)**

**#2381** Order number of deposits. Order now for Sept. delivery. \$3.55/pound. We believe in community supported farming-your deposit helps us finance the production of the the foods you want and need. Chickens can be delivered at the NFC location, at the Village Pointe Farmers Market or the Benson Farmers Market. Our birds are raised in bottomless pens that are moved daily. Organic feed is given as well as the bugs and fresh grass they forage for themselves. All birds will be frozen whole for NFC delivery. (Approx 3-4.25 lbs)  
Extra charge: \$7.00/deposit

All Natural \$7.00/deposit

**6) Broilers- Pasture raised- Oct. Delivery (Deposit)**

**#2383** Order number of deposits. Order now for Oct. delivery. \$3.55/pound. We believe in community supported farming-your deposit helps us finance the production of the the foods you want and need. Chickens can be delivered at the NFC location, at the Village Pointe Farmers Market or the Benson Farmers Market. Our birds are raised in bottomless pens that are moved daily. Organic feed is given as well as the bugs and fresh grass they forage for themselves. All birds will be frozen whole for NFC delivery. (Approx 3-4.25 lbs)  
Extra charge: \$7.00/deposit

All Natural \$7.00/deposit

## Dairy and Eggs

### Eggs

#	Product	Type	Price
<b>Solstice Dawn</b>			
	<b>Farm chicken eggs (Fresh)</b>		
#2400	Order number of dozens. Assorted sizes and colors ranging from brown and beige to green. These eggs will be no more than one week old on delivery day.	All Natural	\$4.00/dozen
	<b>Farm chicken eggs (1-2 weeks old)</b>		
#2401	Order number of dozens. Assorted sizes and colors ranging from brown and beige to green. These eggs will be no more than two weeks old on delivery day.	All Natural	\$3.50/dozen
	<b>Farm chicken eggs (2-4 weeks old)</b>		
#2402	Order number of dozens. Assorted sizes and colors ranging from brown and beige to green. These eggs might be up to four weeks old on delivery day, but still plenty good.	All Natural	\$3.00/dozen

## Grains, Flours and Pastas

### Pasta

#	Product	Type	Price
<b>Carritt Patch</b>			
	<b>HOMEMADE NOODLES</b>		
#2241	Order number of packages. Homemade noodles just like Grandma used to make. You won't believe the difference in flavor in chicken noodle soup or turkey and noodles. Made with organic flour and farm fresh eggs. Frozen in approximately 1 pound packages.	80% Organic	\$4.95/package

### Rolled Whole Grains

#	Product	Type	Price
<b>Grain Place Foods, Inc.</b>			

<b>#2256</b>	<p><b>Barley, Rolled</b> Order number of 1.1 # bags. Rolled barley has a rich, nutlike flavor. It is used as a cooked breakfast cereal alone or combined with other cereal grain flakes, in granola or as an addition to soups. Grain Place Rolled Barley is made through a unique process of carefully controlled moisture and temperature that gelatinizes its starches, making the grain more digestible while retaining nutrients. This process also denatures enzymes that cause rancidity, extending shelf life of the barley.</p>	Certified Organic	\$2.49/1.1 #
<b>#2257</b>	<p><b>Barley, Rolled</b> Order number of 25# bags. Rolled barley has a rich, nutlike flavor. It is used as a cooked breakfast cereal alone or combined with other cereal grain flakes, in granola or as an addition to soups. Grain Place Rolled Barley is made through a unique process of carefully controlled moisture and temperature that gelatinizes its starches, making the grain more digestible while retaining nutrients. This process also denatures enzymes that cause rancidity, extending shelf life of the barley.</p>	Certified Organic	\$23.47/25# bag

## Whole Grains

#	Product	Type	Price
<b>Grain Place Foods, Inc.</b>			
<b>#2253</b>	<p><b>Barley, Hulled</b> Order number of 2# bags. Barley has an historical reputation for building strength. Gladiators of the Roman Empire were called hordearii (barley-men), because barley was the staple of their training diet. A tonic made by soaking barley in water has been used in folk medicine to treat patients during convalescence. The fiber content in barley, especially the cholesterol-lowering soluble fiber beta-glucan, makes this versatile grain an excellent addition to the health conscious consumer's diet.</p>	Certified Organic	\$3.07/2# bag
<b>#2254</b>	<p><b>Barley, Hulled</b> Order number of 5# bags. Barley has an historical reputation for building strength. Gladiators of the Roman Empire were called hordearii (barley-men), because barley was the staple of their training diet. A tonic made by soaking barley in water has been used in folk medicine to treat patients during convalescence. The fiber content in barley, especially the cholesterol-lowering soluble fiber beta-glucan, makes this versatile grain an excellent addition to the health conscious consumer's diet.</p>	Certified Organic	\$5.45/5# bag
<b>#2255</b>	<p><b>Barley, Hulled</b> Order number of 25# bags. Barley has an historical reputation for building strength. Gladiators of the Roman Empire were called hordearii (barley-men), because barley was the staple of their training diet. A tonic made by soaking barley in water has been used in folk medicine to treat patients during convalescence. The fiber content in barley, especially the cholesterol-lowering soluble fiber beta-glucan, makes this versatile grain an excellent addition to the health conscious consumer's diet.</p>	Certified Organic	\$18.79/25# bag

## Baked Goods and Desserts

### Bread

#	Product	Type	Price
<b>Carritt Patch</b>			
<b>#2240</b>	<p><b>AMAZING ANTIOXIDANT MUFFINS</b> Order number of packages. If you like Mimi's carrot raisin nut muffins, you'll love the Carritt's carrot aronia nut muffins and they are loaded with antioxidants from the aronia berries. The healthiest muffin made with whole wheat flour, carrots, aronia berries, honey and yogurt! Made with mostly organic and all natural ingredients so they are as good for you as they taste. 4 big muffins in a package. If you need them made without nuts please send me a note.</p>	80% Organic	\$6.50/package
<b>#2244</b>	<p><b>BANANA NUT BREAD</b> Order number of packages. Banana nut bread just like you remember eating warm from the oven with butter on it. 2 small nut bread loaves in a package. If you can't have nuts just send me a note.</p>	All Natural	\$4.95/package

### Grazin' Acres Farm

<b>#2197</b>	<p><b>4 Wheat Rolls</b> Order number of bags. 4 wholesome wheat rolls. Ingredients include: wheat flour, white bread</p>		\$3.50/bag
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flour, whole milk, water, honey, butter, brown sugar, our farm fresh eggs, salt and yeast. With one order you get 4 rolls in a bag.

**#2356 Whole Wheat Sandwich Loaf**

Order number of loaves. A great loaf of wholesome wheat loaf baked fresh for you by Amber.

All  
Natural

\$3.50/loaf

Ingredients include: Organic Whole Wheat Flour, Bread Flour, Water, Milk, Molasses, Honey, Canola Oil, Sea Salt, Yeast.

## Quiet Waters Farm

### Orange Walnut Scones

<b>#2315</b>	Order number of scones. Sweet tender scone packed with whole grain goodness, walnuts and tangy orange peel. These scrumptious scones are topped with a sweet glaze with a unique citrus taste that will keep you coming back for more.	80% Organic	\$0.85/scone
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Bet You Can't Eat Just One~

### Pear Hazel Nut Quick Bread

<b>#2314</b>	Order number of loaves. Toasted hazelnuts and ripe pears add a sophisticated note to a homey quick bread made with freshly ground spelt flour, honey & Coconut oil.	80% Organic	\$3.50/loaf
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6 inch loaf

### Whole Wheat Bread

Order number of loaves.

NEW LARGER SIZE

<b>#2312</b>	You should be in my country kitchen on baking day. The aroma is wonderful as it drifts though the house!	All Natural	\$6.95/loaf
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Ingredients: Freshly ground naturally grown white wheat, purified water, organic whole milk, organic coconut oil, local eggs, yeast, sea salt. We bake in Stainless Steel Bread Pans

2 pound loaf in a plastic bread bag.

### Whole Wheat Bread-Small Loaves

Order number of loaves.

<b>#2313</b>	You should be in my country kitchen on baking day. The aroma is wonderful as it drifts though the house! These little loaves are perfect for singles and those who want to make smaller servings.	All Natural	\$3.50/loaf
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Ingredients: Freshly ground naturally grown white wheat, purified water, organic whole milk, organic coconut oil, local eggs, yeast, sea salt.

.75 pound loaf in a plastic bread bag.

## Cake

#	Product	Type	Price
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### Carritt Patch

#### ANGEL FOOD CAKE

<b>#2243</b>	Order number of items. White Angel food Cake made from scratch with Carritt Patch egg whites. You won't believe the difference in taste from the box mix. It will be unfrosted and you can eat it plain or frost it. For a great dessert add fruit to each piece and top with TruWhip which is a new all natural topping like coolwhip but better flavor found frozen in Whole Foods or HyVee. The cake freezes well if you don't eat it all right away. Many young to middle age people may have never tasted a homemade angel food cake. Older folks remember always having them for birthday cakes with a whole in the center.	All Natural	\$7.95/item
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#### CHERRY SLICES

<b>#2245</b>	Order number of packages. Try some Cherry Slices or bars in honor of Washington's Birthday. They are a family favorite. Homegrown cherries in combination with a rich dough made of butter, eggs and flour. They are dusted with powdered sugar. A bar is about 2.5" by 2" and there are 6 in a package.	All Natural	\$4.50/package
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## Cookies

#	Product	Type	Price
<b>Carritt Patch</b>			
	<b>Grandma's MOLASSES Cookies</b>		
#2239	Order number of dozen. Molasses Cookies just like Grandma used to make with organic molasses,sugar,four,cinnamon and non GMO, non-hydrogenated, expeller-pressed oils and sea salt. You won't be disapopointed on the old fashioned taste of this sugar cookie. My grand kids ask for more! They freeze well too!	80% Organic	\$5.00/dozen
	<b>BUTTERSCOTCH OATMEAL COOKIES</b>		
#2247	Order number of dozen. Just imagine them melting in your mouth with a glass of milk. Hard to pass up chocolate chip but you know if you're a butterscotch lover like my husband. One dozen cookies per package.		\$4.25/dozen
	<b>CHOCOLATE CHIP COOKIES</b>		
#2246	Order number of dozen. No description needed for homemade Chocolate Chip Cookies. Just wish I could get them to you warm. Not sure why I didn't start the Cookie company as I was making them for all the school events when I taught Home Ec. years ago. Treat yourself or your family if you don't have time to bake some yourself. A dozen cookies in a package.		\$4.25/dozen
	<b>GREEN SHAMROCK SPRITZ COOKIES</b>		
#2238	Order number of packages. ST PATRICK'S DAY SPECIAL! Rich butter cookies in the shape of little shamrocks sprinkled with green sugar just in time for st Patrick's Day. They taste just like the little green trees at Christmas. If you missed out at Christmas now's your chance to get some very tasty little cookies. Made with real butter and farm fresh eggs. 2 dozen in a package. Spritz cookies keep well and can be frozen. Try eating a little tangerine or orange and a couple spritz cookies together for a great snack.		\$4.25/package
	<b>OATMEAL RAISIN COOKIE</b>		
#2248	Order number of dozen. Oatmeal Raisin Cookies for anyone tired of chocolate and butterscotch chip. If you're trying to eat healthy, then this is your kind of cookie because it has the raisins and oatmeal which are both good for you. You'll want your glass of milk, hot tea or coffee with these too. One dozen in a package. If you haven't had any oatmeal raisin cookies for a long time then you deserve it now!		\$4.25/dozen

## Quiet Waters Farm

	<b>Leprechaun Brownies</b>		
#2342	Order number of brownies.		\$0.85/brownie
	Luscious, thick 2 inch x 3 inch Brownies laced with bits of chocolate mint!		
	<b>Sunflower Cookies</b>		
	Order number of dozen.		
	Chewy oats, rich coconut and crunchy sunflower seeds are an enticing combination in these cookies - a worthy treat for the lunch box or with afternoon tea.		
#2373		80% Organic	\$3.95/dozen
	Ingredients: Organic Oats, Organic Spelt flour, Butter, Organic Unsweetened Coconut, Organic Sunflower Seeds, Organic Sugar, Egg, Vanilla, baking powder, sea salt		
	One Dozen		

## Condiments, Sauces, Spices

### Seasoning Sauce

#	Product	Type	Price
<b>It's All About Bees</b>			
	<b>Honey Lime Marinade 12 oz.</b>		
#2311	Order number of bottles. This versatile sauce can be used as a marinade, glaze or dipping sauce. Place chicken, pork, beef, fish or vegetables in a plastic bag with enough marinade to cover. Seal and marinate in refrigerator 1 to 8 hours. Bake, broil, stir-fry, or grill as usual. Ingrid.: Honey, Limes (juice and zest), Ginger Root, Garlic, Saltm, Pepper and Spices.	All Natural	\$6.75/bottle

### Spice/Spice Mix

#	Product	Type	Price
<b>Carritt Patch</b>			
	<b>BERNIE'S BLEND</b>		
#2398	Order number of bags. It's almost time for grilling. Get your BERNIE'S BLEND! A special blend of seasonings which contains NO SALT for healthy cooking. Adds great flavor to steaks, hamburgers, and pork chops. Really exceptional flavor on deer steaks. Another homemade combination that all the friends and relatives have been asking my husband to mix up for them for years. One cup quantity sealed in a ziplock bag ready for you to put in your shaker.		\$4.00/bag

## Herbs

### Fresh Herbs

#	Product	Type	Price
<b>Summit Orchard</b>			
	<b>Stevia Plant</b>		
#2340	Order number of pots. This plant is a healthy alternative to processed sugar. Its leaves are used a natural sweetener - 20-30 times sweeter than sugar, but no calories. Plant delivered in 4in. pot.	All Natural	\$4.00/pot

## Beverages

### Coffee

#	Product	Type	Price
<b>Coffee Emergency LLC</b>			
	<b>Code Brown Espresso Blend - ONE pound whole-bean coffee</b>		
#2358	Order number of packages. Our house espresso blend, a light-roasted mix of African, Latin American and Indonesian coffees. Makes rich, red-brown crema as espresso, has excellent brightness and bite, and an ethereal presence in milk. Also great as regular brewed coffee. Comes in a heat-sealed valve bag for freshness. We also roast-date all our coffees, and you'll never receive beans more than a few days out of the roaster. That is a promise.	All Natural	\$10.00/package
	<b>Code Brown Espresso Blend - TWO pounds whole-bean coffee</b>		
#2359	Order number of packages. Our house espresso blend, a light-roasted mix of African, Latin American and Indonesian coffees. Makes rich, red-brown crema as espresso, has excellent brightness and bite, and an ethereal presence in milk. Also great as regular brewed coffee. Comes in a heat-sealed valve bag for freshness. We also roast-date all our coffees, and you'll never receive beans more than a few days out of the roaster. That is a promise.	All Natural	\$18.00/package
	<b>Colombian Gaitania Tolima - ONE pound whole-bean coffee</b>		
#2360	Order number of packages. This is currently our freshest coffee, straight off the boat and bursting with flavor. Taken to a perfect medium roast, this is a smooth, sweet, balanced and unpretentious Colombian...the perfect morning cup. Comes in a heat-sealed valve bag for freshness. We also roast-date all our coffees, and you'll never receive beans more than a few days out of the roaster. That is a promise.	All Natural	\$10.00/package
	<b>Colombian Gaitania Tolima - TWO pounds whole-bean coffee</b>		
#2361	Order number of packages. This is currently our freshest coffee, straight off the boat and bursting with flavor. Taken to a perfect medium roast, this is a smooth, sweet, balanced and unpretentious Colombian...the perfect morning cup. Comes in a heat-sealed valve bag for freshness. We also roast-date all our coffees, and you'll never receive beans more than a few days out of the roaster. That is a promise.	All Natural	\$18.00/package
	<b>Kenya AA - ONE pound whole-bean coffee</b>		
#2362	Order number of packages. Our Kenyas are great year in and year out, carefully chosen for their big, round, jammy character. Displays a slightly tomatoey fruit and very pleasant acidity. Kenya is one of the world's great origins, and we roast this coffee light to preserve the delicate character. Will not disappoint. Comes in a heat-sealed valve bag for freshness. We also roast-date all our coffees, and you'll never receive beans more than a few days out of the roaster. That is a promise.	All Natural	\$11.00/package

### Tea

#	Product	Type	Price
<b>The Tea Trove</b>			
	<b>Limited Edition: Bailey's Brew</b>		
#2357	Order number of packages. Organic;Fair trade; Named for Kori's maternal grandfather, this is a rich black tea blended with Irish cream. The perfect after dinner indulgence! Each 2-oz package contains approximately 25, 8-oz servings of loose tea. This tea may be steeped up to two times. We blend this special tea twice each year: March and July (for the Midland's Celtic Festival.)	Certified Organic	\$8.95/package
	<b>Madagascar Chai</b>		
#2352	Order number of packages. Organic; Fair trade; Aromatic blend of black teas, cardamom, ginger, pepper, cloves and a hint of vanilla. Each 1-oz package contains loose leaf tea. This equals approximately 12.5, 8-oz servings. 3-5 minute steep time.	80% Organic	\$4.85/package
	<b>Peach Cobbler</b>		
#2355	Order number of packages. Caffeine-free; An all fruit and flower blend with bits of peach, cinnamon, hibiscus and rosehip. Each package contains 2-oz of loose tisane. This equals approximately 25, 8-oz servings. Steep time is 10 minutes minimum. This blend is even better the longer it is allowed to steep. There is no tea; therefore, this blend will not become bitter during longer steep times. One infusion.	All Natural	\$8.50/package
	<b>Tropical Dreams</b>		
#2351	Order number of packages. Organic;Fair Trade;This aromatic blend of green tea, blackberry, orange and coconut is sure to get your mind off the cold! Enjoy it hot or iced. Each package contains 1-oz of loose tea. This equals approximately 12.5, 8-oz servings. This tea may be steeped more than once. Steep 2-4 minutes initially. Increase steep time by 1-2 minutes for subsequent infusions.	Certified Organic	\$4.85/package
	<b>White Peach</b>		
#2353	Order number of packages. Organic;Fair Trade; White tea with a natural floral undertone combined with refreshing hint of peach. Each package contains 1-oz of loose tea. This equals approximately 12.5, 8-oz servings. This tea may be infused more than once. Increase original steep time by 1-2 minutes.	80% Organic	\$4.95/package
	<b>White Peach</b>		
#2354	Order number of packages. Organic;Fair Trade; White tea with a natural floral undertone combined with refreshing hint of peach. Each package contains 2-oz of loose tea. This equals approximately 25, 8-oz servings. This tea may be infused more than once. Increase original steep time by 1-2 minutes.	80% Organic	\$8.95/package

## Health and Beauty

### Bath Salts/Oils

#	Product	Type	Price
<b>Rarehaven Farm</b>			
	<b>Essential Oil Travel Kit in pouch</b>		
#2385	Order number of items. This is a sturdy pouch with 12 oils in it. It measures 5 inches by 4.5 inches by 1 inch and has a heavy duty zipper. You can slip it in a purse, or carry it in the car and have it when you need it. It would also be perfect to put in your go bag for when you hit the road or go camping. There is a pocket on the inside of the pouch where we have placed a card with a reminder of what the main uses are of each oil or oil blend is. We use only 100% therapeutic grade oils (undiluted). The 12 oils are in 3.75 ml amber bottles with dropper lids. They include: Guardian Oil Blend, Immune Oil Blend, Raven Oil Blend, URC Oil Blend, Pain Away Blend, T-TreeRose Oil Blend, Peppermint, Tea Tree, Lavender, Helechrysum, Citrus Oil Blend, and Bug Repellant Oil Blend. These are our favorite essential oils and blends that we use most often. For more details visit our website at <a href="http://awebite4u.ws">awebite4u.ws</a> and view more pictures.	All Natural	\$107.00/item

### Misc. Health/Beauty

#	Product	Type	Price
<b>Cool Hoties Therapy Wraps</b>			
#2262	<b>Camo Print Fleece Hot/Cold Therapy Wrap</b>		\$10.00/therapy wrap
	Order number of therapy wraps. Camo print fleece/solid hunter green flannel, reversible wrap filled with Nebraska grown cracked corn can be heated in the microwave for 1 to 2 minutes for		

moist heat therapy for arthritis pain, muscle & joint pain, sore or strained muscles, or just to warm up. Heat one up and wear it to work on cold NE mornings! For natural, cold therapy: put in freezer for a couple hours for inflammation, hot flashes. Measures 6 1/2" X 12 1/2".

**#2261 Tiger Print Fleece/Tan Flannel Wrap**

Order number of therapy wraps. Tiger print fleece/solid tan flannel, reversible wrap filled with Nebraska grown cracked corn can be heated in the microwave for 1 to 2 minutes for muscle &

\$10.00/therapy wrap

joint pain, arthritis pain, sore or strained muscles, or just to warm up. For cold therapy: put in freezer for a couple hours for inflammation, hot flashes. Measures 6 1/2" X 13". Great gift for "hard to buy for" parents and Grandparents!

## **Soap**

#	Product	Type	Price
<b>Adagio Soap Products</b>			
	<b>Lavender-Ylang Ylang Natural Handmade Soap</b>		
#2198	Order number of bars. Perfect for Valentine's Day! The soft romantic scent of lavender and ylang-ylang combined in a great bar. Swirled with pink kaolin clay. Try one today!	All Natural	\$3.75/bar

## Non-Food Items

### Plant Seeds (non-food)

#	Product	Type	Price
<b>Shoestring Acres Seed</b>			
	<b>Tall Gayfeather</b>		
#2189	Order number of packets. 25-50 seed packet: Liatris pycnostachya is an August to September blooming wildflower native to SE Nebraska. Proceeds will be donated to Wachiska Audubon Society serving SE Nebraska. Seed was given to me by a fellow member who harvested it from her garden. This plant is adapted to heavier soils and damp sites like rain gardens. It will need full sun. Attracts beneficial insects.		\$2.50/packet

## Gift Baskets/Boxes

### Gift Boxes

#	Product	Type	Price
<b>Quiet Waters Farm</b>			
	<b>Easy Lavender Cheese Cake</b>		
	Order number of items.		
#2319	Our Easy Lavender Cheese Cake is a lovely gift card containing the recipe for our Easy Lavender Cheese Cake plus the all natural culinary Lavender Flowers to make the cake. You provide the other ingredients, follow the easy instructions and make the cake yourself.	All Natural	\$3.25/item
	Makes a nice gift!		

## Household Supplies

### Kitchen Items

#	Product	Type	Price
<b>Quiet Waters Farm</b>			
	<b>100% Cotton Dish/Wash Cloth</b>		
	Order number of items.		
#2271	100% Cotton Dish/Wash Cloth. Hand Crochet. You receive one in each package.		\$2.95/item
	<b>Organic Cotton Dish/Wash Cloth</b>		
	Order number of items.		
	Cotton Dish/Wash Cloth Made with 100% Organic Cotton produced and spun in Texas!!! Hand Crochet, Nothing Imported. You receive one in each package. Expect some shrinkage but colors will enhance as you use them. All natural colors.		
#2308	This Dish/Wash cloth is created with a bulky cotton giving it extra strength and bulk and an attractive light peach color. Great for dishes but lovely for pampered bodies and excellent for babies!	80% Organic	\$8.25/item
	This yarn like most organic cotton does not have a chemical finishing like conventional cotton so it not smooth and polished, but natural and rustic.		

# Pet Supplies

## Pet Supplies

#	Product	Type	Price
<b>Dakota Harvest Farm</b>			
	<b>Grassfed Lamb Raw Dog food</b>		
	Order number of packages. A raw dog food diet is the best option for your dog. In the wild, dogs and cats would not eat cooked meats and grains. Their constitution is meant for enzyme rich raw meat and raw bones. With this package you get the following:		
#2318	<ul style="list-style-type: none"> <li>• 2 Shanks-meat on a big bone</li> <li>• 2-lbs of big lamb bones</li> <li>• 2-packages of Liver</li> <li>• 1-Tongue</li> </ul>	All Natural	\$20.00/package
	All of our lamb is human quality and processed at a state of the art USDA facility.		

## Prepared Foods (Refrigerated/Frozen)

### Desserts

#	Product	Type	Price
<b>Carritt Patch</b>			
	<b>Creme Brulee</b>		
#2397	Order number of packages. Creme Brulee is very rich dessert made with fresh eggs and cream that you can have at home just like an expensive restaurant. It's like a very rich custard that is usually served in ramekins but is being baked in cupcake size foil baking cups to send to you. Topped with caramelized sugar. 6 baking cups per package.	All Natural	\$7.95/package
	<b>FLUFFY TAPIOCA PUDDING</b>		
#2242	Order number of containers. Old fashioned fluffy tapioca pudding just like you remember your mom or grandma making with organic tapioca, sugar and fresh milk and farm eggs. The container will have approximately 4 cups pudding and keep refrigerated.	80% Organic	\$6.50/container

### Side Dishes, Sauces and Salsa

#	Product	Type	Price
<b>Carritt Patch</b>			
	<b>DEVEILED EGGS</b>		
#2396	Order number of packages. 12 Farm Fresh Deviled Egg Halves that are a family favorite. I have been requested to take them to all family get-togethers for years. Bright yellow filling sprinkled with paprika. I guarantee they will melt in your mouth and you won't be disappointed. 12 egg halves in a package.		\$4.95/package

## Prepared Food (Non-Refrigerated)

### Dry Goods

#	Product	Type	Price
<b>Quiet Waters Farm</b>			
#2321	<b>Maple Nutty Granola</b>	80% Organic	\$13.95/package
	Order number of packages.		
	Absolutely Nutty! High in protein and full of fiber. We use only the finest all natural or organic ingredients.		
	Contains 12 ounces granola packaged in Cello Bag.		

Ingredients: Organic Rolled Oats, Organic Rolled Barley, Organic Coconut Flakes, Organic, Fair Trade Maple Syrup, Organic Almonds, Organic Pecans, Organic Cashews, Organic Walnuts, Organic Sesame Seeds, Organic Sunflower seeds, ground Organic Flax Seed, Organic Hazelnuts, Organic Coconut Oil, Organic Dried Cranberries, Organic Raisins, Organic Cinnamon, Organic Allspice, Sea Salt

Baked in our personal country kitchen.

## **Live Plants and Gardening**

### **Garden Accessories**

<b>#</b>	<b>Product</b>	<b>Type</b>	<b>Price</b>
<b>#2259</b>	<b>Cool Hoties Therapy Wraps</b>		\$8.95/planter

**New Concept Denim Planter, 8" diameter X 9" tall**

Order number of planters. Display your favorite plant, grow herbs, or veggies in this casual, attractive denim planter! Made in NE from recycled blue jeans. Just fill with soil and plant as you would any conventional planter or flower pot. Adjust the height by rolling the cuff up or down. The fabric sides and bottom allow ventilation to help prevent root rot. A planter with a saucer can also be slipped inside the denim planter to help with drainage. Indoor or outdoor use. Machine washable, air dry, and fold up for storage. No more bulky flower pots! Denim shades will vary from light to dark. You can specify faded or darker denim in the comment section, and we will try to accommodate.

**New Concept Denim Planter. 4" diameter X 5" tall**

**#2386** Order number of planters. Display your favorite plant, grow herbs, or veggies in this casual, attractive denim planter! Made in NE from recycled blue jeans. Just fill with soil and plant as you would any conventional planter or flower pot, or slip a flower pot with saucer into it. Adjust the height by rolling the cuff up or down. The fabric sides and bottom allow ventilation to help prevent root rot. Display inside or out! Reinforced sides and bottom seams. Machine washable, air dry, and fold up for storage. No more bulky flower pots! Denim shades will vary from light to dark. If you have a preference write it in the comments, and we will try to accommodate. Plant not included. \$6.95/planter

**New Concept Denim Planter. 6" diameter X 7 1/2" tall**

**#2258** Order number of planters. Display your favorite plant, grow herbs, or veggies in this casual, attractive denim planter! Made in NE from recycled blue jeans. Just fill with soil and plant as you would any conventional planter or flower pot, or slip a flower pot with saucer into it, or a gallon vinegar jug cut off below the top ring will fit into the 6" planter. Adjust the height by rolling the cuff up or down. The fabric sides and bottom allow ventilation to help prevent root rot. Display inside or out! Reinforced sides and bottom seams. Machine washable, air dry, and fold up for storage. No more bulky flower pots! Denim shades will vary from light to dark. If you have a preference write it in the comments, and we will try to accommodate. Plant not included. \$7.95/planter

**New Concept Denim Planters, 10" diameter X 13" tall**

**#2260** Order number of planters. Display your favorite plant, grow herbs, or veggies (even potatoes) in this casual, attractive denim planter! Made in NE from recycled denim & blue jeans. Just fill with soil and plant as you would any conventional planter or flower pot, or slip a large flower pot with drip catcher inside. Adjust the height by rolling the cuff up or down. The fabric sides and bottom allow ventilation to help prevent root rot. Machine washable, air dry, and fold up for storage. Reinforced sides & bottom. Use inside or out. Denim shades will vary from light to dark. If you have a preference, write it in the comments and we will try to accomodate it, if available. Plant not included. \$10.95/planter

**Live Plants (Non-food)**

#	Product	Type	Price
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**Cool Hoties Therapy Wraps**

**White Hyacinth Bean, non edible**

<b>#2395</b>	Order number of pots. White Hyacinth Bean vine produces beautiful dainty flowers suitable for bouquets, and non edible beans containing seeds which can be saved and dried to share, or sow next year. You will receive 1 plant, 8-11" tall in a 4X4X4" pot.		\$2.50/pot
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**Vegetables**

#	Product	Type	Price
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**Cool Hoties Therapy Wraps**

**Big Yellow Tomato Plants**

<b>#2390</b>	Order number of pots. Seeds were collected from tomatoes I purchased from the Benson Farmers' Market last year. I lost the label, so I don't know the name. Very impressive, late harvest, loads of big yellow fruit! 3 plants, 5" tall now, in 4X4X4" pots. Take a chance on our mystery tomato plants, and you won't be dissappointed! I'll find out the name when the market opens in May.	All Natural	\$2.50/pot
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**Chico III Tomato Plants**

<b>#2389</b>	Order number of pots. Chico III Tomato plants are available now. Plants mature in 70 days, DET. Plum-shaped tomatoes are good for salsa, salads, paste, and sauces. Plants are 3-5" tall now, 1-2 plants per pot, and have been transplanted into 4X4X4" pots. No chemicals are ever used, only a few crushed eggshells.	All Natural	\$2.50/pot
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**Endive, Escarole**

<b>#2393</b>	Order number of pots. Endive, Escarole is popular in salads and can be used in a vide variety of cooked dishes. Heads will grow to over 12 inches across with dark green outer leaves fading to a creamy white center. Days to harvest: 75-80 days Seeds were started Febr. 16, 2010, you will receive about 20 young plants in 4X4X4" pots. No chemicals were used. Grow in your kitchen window and pick tender leaves now, to thin them out, or plant outside in full sun as soon as soil can be prepared.	All Natural	\$2.50/pot
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	<b>Large Cherry Tomato Plants</b>		
#2388	Order number of pots. Cherry Tomato plants are available now. 76 days to harvest. A highly productive variety that is a tasty addition to summer salads. Plants are 5"-7" tall, 3 plants per pot, and have been transplanted into 4X4X4" pots. No chemicals are ever used, only a few crushed eggshells.	All Natural	\$2.50/pot
	<b>Lettuce, Green Ice Looseleaf</b>		
#2392	Order number of pots. Lettuce, Green Ice Looseleaf (Lechuga Hielo Verde) Wavy leaves have crisp texture, glossy dark green color, and delicious sweet flavor. Harvest in about 45 days. This was planted Febr. 2, 2010, in a 4X4X4" pot. No chemicals were used. Grow in your kitchen window, and pick young leaves now, or let grow and plant outside after danger of frost, in average soil, full sun.	All Natural	\$2.50/pot
	<b>Lettuce, Summerlong Gourmet Mix</b>		
#2394	Order number of pots. Summerlong Gourmet Mix Lettuce (Lechuga Mezcla Gourmet), includes a delicious blend of green and red lettuces: Four Seasons, Lollo Rossa, Buttercrunch, Craquerelle du Midi, Black Seeded Simpson, and Salad Bowl. 48 days to harvest, these were sowed Febr. 18, 2010. You will receive about 20 young plants in a 4X4X4" pot. Grow in your kitchen windowsill for easy access, thin as needed, or plant outside in average soil in early spring, in full sun, as soon as the soil can be worked.	All Natural	\$2.50/pot
	<b>Roma Tomato Plants</b>		
#2387	Order number of pots. Roma Tomato plants are available now. Plants mature in 76 days, these were planted 2-2-10. Roma tomatoes are the #1 choice for juice, salsa, or paste. Produce a large crop of bright red plum shaped fruits. Plants are 5"-7" tall, 3 -4 per pot, and have been transplanted into 4X4X4" pots. No chemicals are ever used, only a few crushed eggshells.	All Natural	\$2.50/pot
	<b>Serrano Chili Pepper Plants, Hot</b>		
#2399	Order number of pots. Serrano Chili Pepper plants are available now. Will produce abundant small fruits that ripen from dark green to deep crimson. Excellent for making pepper sauce and hot chili sauce. 73 days to harvest, planted Frbr. 3. 2010. 4X4X4" pots with 4 plants, now 4" tall. We never use any type of chemicals.	All Natural	\$2.50/pot

## Summit Orchard

	<b>Heirloom Tomato - Anas Noir - Purchase for May delivery</b>		
#2328	Order number of containers. Indt. 80 days. This tomato has a purple and green exterior with pink-red splotches and a touch of yellow. The interior is bright green, streaked with pink. It has a sweet, rich flavor. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.	All Natural	\$2.50/container
	<b>Heirloom Tomato - Aunt Ruby's German Green - Purchase for May delivery</b>		
#2331	Order number of containers. Indt. - 80 days. This is a large green beefsteak that ripens to pale green with a tint of yellow with a pink blush underneath. It has a sweet, yet spicy flavor. Fruit weighs 12-16oz. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.	All Natural	\$2.50/container
	<b>Heirloom Tomato - Black Seaman - Purchase for May delivery</b>		
#2335	Order number of containers. Det. - 75 days. This is a hardy Russian heirloom. Medium sized fruit - 5-8oz. with brown/black skin, pink shoulders, and pink, green, and brown interior. Plants are short and very manageable. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.	All Natural	\$2.50/container
	<b>Heirloom Tomato - Brandywine - Purchase for May delivery</b>		
#2338	Order number of containers. Indt. - 80 days. This is one of the most sought after heirloom tomatoes. The tomatoes are large, up to 1-1 1/2 lb., meaty, and purple-red in color. It is the number one heirloom for taste. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.	All Natural	\$2.50/container
	<b>Heirloom Tomato - Giant Belgium - Purchase for May delivery</b>		
#2322	Order number of containers. Indt.- 90 days. Fruit averages 2 lb.- very sweet - dark pink - solid meat with smooth blossom ends. Deliverd in 4 by 5 container - 10-14in. above container at delivery.	All Natural	\$2.50/container
	<b>Heirloom Tomato - Giant Tree - Purchase for May delivery</b>		
#2336	Order number of containers. Indt. - 80-90days. This plant has strong, vigorous vines, long stems, and thick leaves. The 1-2 lb. fruit is pinkish red with few seeds - old time tomato flavor. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.	All Natural	\$2.50/container
#2324	<b>Heirloom Tomato - Goliath - Purchase for May delivery</b> Order number of containers. Indt. - 85 days - giant fruit on really huge plant. Dark pink, solid tomatoes are ribbed with few seeds. Very sweet with acid component - can grow to 3 lbs.	All Natural	\$2.50/container

These tomatoes have been grown since the late 1800s. Delivered in 4 by 5 containers. Plants 10-14in. above container at delivery.

#2325	<p><b>Heirloom Tomato - Great White - Purchase for May delivery</b> Order number of containers. Indt. - 85 days. This is beautiful large white beefsteak - sweet flavor and lots of juice. Vigorous plants with heavy foliage that provides good protection against sunscald. Once customers at the Farmers' Market tried them, they became a favorite. Delivered in 4 by 5 container - plants 10 - 14 in. above container at delivery.</p>	All Natural	\$2.50/container
#2332	<p><b>Heirloom Tomato - Green Zebra - Purchase for May delivery</b> Order number of containers. Indt. - 75 days. This is a unique and delicious salad tomato - 3oz. green fruits ripen to amber-green with darker green stripes. Fruit it very flavorful, sweet, yet tangy- a real taste treat. Customers at the Plattsmouth Farmers' Market have become real fans of this tomato and its counterpart, the Red Zebra. Delivered in 4 by 5in. containers. Plants 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2334	<p><b>Heirloom Tomato - Japanese Black Trifele - Purchase for May delivery</b> Order number of containers. Indt. 80-90 days. This tomato has the shape and size of a Bartlett pear with beautiful purplish-brick color. It is believed to have come from Russia. Delivered in 4 by 5in. container. Plant 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2327	<p><b>Heirloom Tomato - Mama Leone - Purchase for May delivery</b> Order number of containers. Indt. - 75 days. Large, pointed, plum tomato. This tomato came from Italy via a family who immigrated to New York. It is a meaty, bright red tomato with very few seeds, which makes is ideal for tomato sauce. Delivered in 4 by 5 container. Plants 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2323	<p><b>Heirloom Tomato - Mammoth German Gold - Purchase for May delivery</b> Order number of containers. Indt. - 85 days. This is a huge 2 lb. beefsteak - deep golden orange with red streaking. Delivered in 4 by 5 container - 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2329	<p><b>Heirloom Tomato - Marianna's Peace - Purchase for May delivery</b> Order number of containers. Indt. - 80 days. Large 1-2 lb. dark pink fruit - full of tomato flavor. This tomato features a good balance of acidity and sweetness. The plant has vigorous, very productive vines. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2330	<p><b>Heirloom Tomato - Mexico - Purchase for May delivery</b> Order number of containers. Indt.- 80 days. This is a very large plant with excellent sets of huge, dark pink fruit. Steady, continuous production of tomatoes that weigh more than 1 lb. The tomatoes have outstanding taste. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2337	<p><b>Heirloom Tomato - Paul Robeson - Purchase for May delivery</b> Order number of containers. Indt. - 75 days. This Russian heirloom is one of the most highly regarded black tomatoes. It sets medium sized, deep maroon fruits with complex flavor - sweet yet tangy. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2333	<p><b>Heirloom Tomato - Red Zebra - Purchase for May delivery</b> Order number of containers. Indt. - 85-95 days. This is the red version of the Green Zebra. Fire engine red fruit covered with bright yellow stripes. Sweet and flavorful. Makes a very eye-catching display when mixed with Green Zebras. Delivered in 4 by 5in. container. Plants 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2326	<p><b>Heirloom Tomato - White Potato Leaf - Purchase for May delivery</b> Order number of containers. Indt. - 75-85 days. A beautiful white to yellow skinned fruit. Weigh up to 1 1/2 lbs. Firm flesh with fruity, acidic flavor. It is a heavy producer. Delivered in 4 by 5 in. container. Plants 10-14in. above container at delivery.</p>	All Natural	\$2.50/container
#2339	<p><b>Pepper - Giant Marconi Hybrid - Purchase for May delivery</b> Order number of containers. 72 days. An improved Italian grilling pepper. It is a tapered green pepper which matures to dark red on the plant. 6-8in. long. This pepper earned best in class for earliness, yield, pepper size, and flavor. It is resistant to Potato Virus Y and Tobacco Mosaic Virus. Delivered in 4 by 5in. container. Plant 10-14in. above container at delivery.</p>	All Natural	\$2.50/container