

Meats

Beef

Nebraska's Finest Beef

ID	Product Name [About Producer]	Type	Price
#2221	BEEF PATTIES (1 LB) - Certified ORGANIC Angus beef Order number of packages. Certified Angus Beef made into quarter pound burgers just right for the grill. Four burgers per pack. Quick and easy.	Certified Organic	\$5.49/pound
#2163	BEEF PATTIES (20 LBS) - Certified ORGANIC Angus Beef Order number of boxes. 20 packages (4 per pack)of ground beef organic burgers! 1/4 lb each burger. Quick and easy for fast cookouts!	Certified Organic	\$117.60/box
#2234	FILET STEAKS - Certified Organic Angus Order number of packages. You will be billed for exact weight (between 0.8 and 1.5 pounds) Order by the number of steaks you want. These are the best of all the steaks of our All natural Certified Angus. This beef comes from the very tender part of the beef. Of course it is grown without added hormones, antibiotics or animal by products and fed our organic pastures and finished on healthy grains. Boneless, vacuum sealed.	Certified Organic	\$16.00/pound
#2224	CHUCK EYE STEAKS - Certified Organic Angus Order number of packages. You will be billed for exact weight (between 0.7 and 1.2 pounds) Order by the number of packages (2 per package) All of our beef is dry aged, no less than 14 days making it really tender. Boneless,vacuum sealed.	Certified Organic	\$6.00/pound
#2235	CHUCK ROAST - Certified ORGANIC Angus Beef Order number of packages. You will be billed for exact PROCESSED weight (between 1.75 and 3.25 pounds) Order number of packages you want. This is the best of the best. We kid you not! Boneless and vacuum sealed. List if you prefer small or large.	Certified Organic	\$5.94/pound
#2161	COMBO PACK - ORGANIC 40 LBS - Certified Organic Angus Beef Order number of boxes. Humanely Nebraska born/raised! 17 lbs of steaks/roasts 23 lbs of ground beef in 1 lb chubs! (boneless)	Certified Organic	\$204.00/box
#2162	COMBO PAK ORGANIC - 20 LBS -Certified Organic Angus Beef Order number of boxes. Humanely born/raised in Nebraska! Approx. 8 lbs of steaks/roasts, 12 lbs of ground beef in 1 lb chubs! (boneless)	Certified Organic	\$110.00/box
#2166	GROUND BEEF (1 LB) - Certified ORGANIC Angus Beef Order number of pounds. You will be billed for exact weight (between 0.8 and 1.2 pounds) Order by number of packages approx 1 lb each. You will be billed for the exact weight. Certified Angus taste you cant beat. Beef from Nebraska's Finest meats has all been humanely raised on our Nebraska farm.	Certified Organic	\$5.40/pound
#2233	MINUTE STEAKS - Certified ORGANIC Angus Minute Steak (tenderized) Order number of packages. You will be billed for exact weight (between 0.8	Certified Organic	\$5.69/pound

	and 1.5 pounds) Order the number of packages you want. You will be billed for the exact PROCESSED weight. (approx 1/2 to 1 lb) cut 3/4 thick. This is a round steak that has been tenderized. Boneless, vacuum sealed.		
#2232	NEW YORK STRIP STEAKS - Certified Organic Angus Steaks Order number of pounds. You will be billed for exact weight (between 0.5 and 1.2 pounds) Order the number of steaks you want. Tell us what you want small, medium, or large. 3/4 inch cuts Boneless, vacuum sealed.	Certified Organic	\$13.59/pound
#2228	SIRLION STEAK - Certified Organic Angus Order number of pounds. You will be billed for exact weight (between 0.6 and 1.5 pounds) Order by the number of steaks you want.	Certified Organic	\$7.75/pound

Pork

Clear Creek Organic Farms

ID	Product Name <u>[About Producer]</u>	Type	Price
#3844	Ground Pork Order number of packages. You will be billed for exact weight (between 0.85 and 1.2 pounds) 100% Grass fed Berkshire cross	Certified Organic	\$4.00/pound

Dairy and Eggs

Cheese

Branched Oak Farm LLC

ID	Product Name <u>[About Producer]</u>	Type	Price
#1568	Mollie's Muse Order number of .5 lbs. You will be billed for exact weight (between 0.2 and 0.45 lbs) This exciting new cheese is very mild with an edible rind rubbed with cocoa and cayenne pepper. It has just enough "kick" that you can't wait for the next bite. Our intern, Mollie, was inspired to make this cheese during her travels this winter and we're thrilled to share it with you. Order in 1/2 pound pieces. Ingredients: cow milk*, sea salt, cocoa*, rennet, cinnamon*, cayenne*, cultures. *certified organic	Certified Organic	\$12.00/lb
#1736	Prairie Grove Nettle Gouda Order number of half pounds. You will be billed for exact weight (between 0.4 and 0.6 lbs) This is a raw milk cheese made only in the spring when the cows are first transitioning back to pasture from their winter ration of hay. The fast growing grasses are full of beta carotene that turns the already golden Jersey milk even more yellow. This is a beautiful cheese inspired by the Dutch "Grasskaas" or grass cheese. Young, creamy, and easy to eat, this is a good snacking cheese or stunning addition to a cheese plate. Ingredients: certified organic cow milk, certified organic dried nettle leaf, sea salt, vegetarian-acceptable rennet, cultures.	Certified Organic	\$14.00/lb
#292			\$4.00/8oz tub

	<p>Quark Order number of containers. A soft, European style cream cheese, great for cooking, baking or just used as a spread. Ingredients: certified organic whole milk, sea salt, vegetarian-acceptable rennet, culture.</p>	Certified Organic	
#293	<p>Quark Order number of containers. A soft, European-style cream cheese great for cooking, baking or just used as a spread. Ingredients: certified organic whole milk, sea salt, vegetarian-acceptable rennet, culture.</p>	Certified Organic	\$7.50/16 oz tub
#1537	<p>Quark: Rosemary and garlic Order number of containers. A soft, European style cream cheese, great for cooking, baking or just used as a spread. This herbed variety is a wonderful cracker cheese and adds extra flavor to any savory quark recipe. A great addition to holiday mashed potatoes or sweet potatoes. Ingredients: certified organic cow milk, certified organic rosemary, certified organic garlic, sea salt, vegetarian-acceptable rennet, culture.</p>	Certified Organic	\$4.00/8oz tub

Clear Creek Organic Farms

ID	Product Name <u>[About Producer]</u>	Type	Price
#1606	<p>Aged cheddar cheese Order number of blocks. You will be billed for exact weight (between 0.8 and 1.1 pounds) This is cheese produced from certified organic, 100% grass fed(NO GRAIN), jersey/jersey cross dairy cattle. It was processed by Dimock Dairy from Dimock, SD. They have been in business since 1931. Most are close to 1 pound blocks. If you want a little smaller/larger please specify and we will try to accomodate you the best we can. Thank you! Ingredients: pasteurized organic milk, salt, enzymes, annatto</p>	Certified Organic	\$5.75/pound
#4001	<p>Sharp Colby cheese Order number of blocks. You will be billed for exact weight (between 0.7 and 1.3 blocks) Cheese is produced from certified organic 100% grass-fed(NO GRAIN) jersey & jersey cross dairy cattle. The cheese is produced by Dimock Dairy of Dimock, SD. They have been producing cheese since 1931. Comes in 1 pound blocks. Ingredients: pasteurized organic milk, salt, enzymes, annatto</p>	Certified Organic	\$5.75/block
#3880	<p>Sharp White cheddar cheese Order number of blocks. You will be billed for exact weight (between 0.8 and 1.3 pounds) This is cheese produced from certified organic, 100% grass (NO GRAIN) fed, jersey/jersey cross dairy cattle. It was processed by Dimock Dairy from Dimock, SD. They have been in business since 1931. It comes in aproximately 1 pound blocks. Most are close to 1 pound blocks. If you want a little smaller/larger please specify and we will try to accomodate you the best we can. Thank you! Ingredients: pasteurized organic milk, salt, enzymes</p>	Certified Organic	\$5.75/pound
#1624	<p>White cheddar cheese Order number of blocks. You will be billed for exact weight (between 0.8 and 1.3 pounds)</p>	Certified Organic	\$5.75/pound

	<p>This is cheese produced from certified organic, 100% grass (NO GRAIN) fed, jersey/jersey cross dairy cattle. It was processed by Dimock Dairy from Dimock, SD. They have been in business since 1931. It comes in approximately 1 pound blocks. Most are close to 1 pound blocks. If you want a little smaller/larger please specify and we will try to accommodate you the best we can. Thank you! Ingredients: pasteurized organic milk, salt, enzymes</p>		
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Eggs

Common Good Farm

ID	Product Name [<u>About Producer</u>]	Type	Price
#2094	<p>Certified Organic Pasture-Based Eggs 42 dozen available. Order number of dozen. Common Good Farm Certified Organic Eggs from Pastured Hens Our lovely brown eggs are certified organic, ranged on our certified Biodynamic pastures. We custom mix our own feed ration made from organic grains from other organic farmers in Nebraska. Our hens are on pasture in movable houses, working in a rotation with our small cattle herd, pigs and in the fallow vegetable fields post-season. They are an important part of our whole farm system. Eggs are packed nest run. Carton weight averages minimum of medium and usually closer to large-extra large for total carton weight. We're sure you'll enjoy them...folks tend to rave about them once they've tried them. They are a big hit at market and at Open Harvest in Lincoln.</p>	Certified Organic	\$4.60/dozen

Nebraska's Finest Beef

ID	Product Name [<u>About Producer</u>]	Type	Price
#2427	<p>Farm Fresh -Free Range (not caged) Brown Eggs Order number of dozen. Our laying hens run with roosters and go all over the farm. The eggs you get are fresh and less than 10 days old. Raised Organic, but not certified now because it so much extra. We want to keep the prices down for our customers.</p>	Certified Organic	\$2.75/dozen

Grains, Flours and Pastas

Cornmeal

Grain Place Foods, Inc.

ID	Product Name [<u>About Producer</u>]	Type	Price
#2118	<p>Cornmeal Order number of 2# bags. Our cornmeal is milled from yellow dent corn. It is delicious in cornbread, muffins, polenta - any of your favorite recipes that include cornmeal. Since it is made from whole grain, it is more both more flavorful and nutritious than de-germed cornmeal. Store in the refrigerator.</p>	Certified Organic	\$4.63/2# bag

Flour

Grain Place Foods, Inc.

ID	Product Name [About Producer]	Type	Price
#2012	<p>Rye Flour Order number of 2# bags. Rye is a wheat relative known especially for the distinctive, hearty flavor it imparts to traditional rye and pumpernickel breads. Rye flour is milled from whole grain rye (including the germ) and retains most of its nutrients. Use it as a partial substitution for other grain flours in baked goods. Rye flour is lower in gluten than wheat, so combine it with wheat flour in yeast breads. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.</p>	Certified Organic	\$4.60/2# bag
#2013	<p>Rye Flour Order number of 25# bags. Rye is a wheat relative known especially for the distinctive, hearty flavor it imparts to traditional rye and pumpernickel breads. Rye flour is milled from whole grain rye (including the germ) and retains most of its nutrients. Use it as a partial substitution for other grain flours in baked goods. Rye flour is lower in gluten than wheat, so combine it with wheat flour in yeast breads. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.</p>	Certified Organic	\$29.15/25# bag
#2838	<p>Spelt Flour Order number of 2# bags. Spelt is an ancient and distant cousin of common wheat, with a slightly nuttier, sweeter flavor. Spelt flour is a nutrient-packed whole grain flour (including the germ), with higher protein, fiber and B vitamin content than common wheat $1\frac{1}{2}$ and is more easily digested. It can be substituted for wheat flour in all recipes; however, because it has less and more fragile gluten than common wheat, it should be mixed with wheat flour in baking yeast breads. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.</p>	Certified Organic	\$5.82/2# bag
#3168	<p>Spelt Flour Order number of 25# bags. Spelt is an ancient and distant cousin of common wheat, with a slightly nuttier, sweeter flavor. Spelt flour is a nutrient-packed whole grain flour (including the germ), with higher protein, fiber and B vitamin content than common wheat $1\frac{1}{2}$ and is more easily digested. It can be substituted for wheat flour in all recipes; however, because it has less and more fragile gluten than common wheat, it should be mixed with wheat flour in baking yeast breads. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.</p>	Certified Organic	\$43.87/25# bag
#2016	<p>Whole Red Wheat Flour Order number of 4# bags. Whole wheat flour is milled from whole grain wheat (including the germ) and retains its nutrients. Take advantage of the much greater nutrient content of whole wheat flour by substituting it for all or most of the all purpose wheat flour called for in any recipe. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.</p>	Certified Organic	\$6.62/4# bag
#2017	<p>Whole Red Wheat Flour Order number of 25# bags.</p>	Certified Organic	\$27.98/25# bag

	Whole wheat flour is milled from whole grain wheat (including the germ) and retains its nutrients. Take advantage of the much greater nutrient content of whole wheat flour by substituting it for all or most of the all purpose wheat flour called for in any recipe. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.		
#2014	<p>Whole White Winter Wheat Flour</p> <p>Order number of 4# bags.</p> <p>Whole White Winter Wheat Flour is milled from whole grain white wheat (including the germ) and retains its nutrients. It can be used just as whole wheat flour. It has a slightly higher protein content than flour from red wheat, and a slightly sweeter flavor. Whole white wheat flour yields lighter-colored baked goods that many people prefer, while retaining all the whole-grain nutrients of red wheat flours. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.</p>	Certified Organic	\$8.07/4# bag
#2015	<p>Whole White Winter Wheat Flour</p> <p>Order number of 25# bags.</p> <p>Whole White Winter Wheat Flour is milled from whole grain white wheat (including the germ) and retains its nutrients. It can be used just as whole wheat flour. It has a slightly higher protein content than flour from red wheat, and a slightly sweeter flavor. Whole white wheat flour yields lighter-colored baked goods that many people prefer, while retaining all the whole-grain nutrients of red wheat flours. Grain Place flours are dry milled and have a lower moisture content than other flours, so you may need to use slightly less in recipes. Store in refrigerator.</p>	Certified Organic	\$36.83/25# bag

Popcorn

Chisholm Family Farm

ID	Product Name [About Producer]	Type	Price
#3285	<p>Certified Organic Yellow Popcorn 2 LB</p> <p>2 packages available. Order number of packages. 2LB packages of certified organic popcorn</p> <p>Hand harvested and hand- shucked popcorn!</p> <p>Grown by a nearby certified organic grower who provides all of our grains for our farm.</p>	Certified Organic	\$4.25/package

Grain Place Foods, Inc.

ID	Product Name [About Producer]	Type	Price
#1973	<p>Popcorn, Yellow</p> <p>Order number of 2# bags.</p> <p>Popcorn is a great way to help meet your daily quota of whole grains. Yellow popcorn pops up large, crunchy kernels with that classic toasty corn taste $\frac{1}{2}$ and is an economical, wholesome whole grain food high in fiber, complex carbohydrates and protein.</p>	Certified Organic	\$4.35/2# bag
#1974	<p>Popcorn, Yellow</p> <p>Order number of 5# bags.</p> <p>Popcorn is a great way to help meet your daily quota of whole grains. Yellow popcorn pops up large, crunchy kernels with that classic toasty corn taste $\frac{1}{2}$</p>	Certified Organic	\$7.40/5# bag

	and is an economical, wholesome whole grain food high in fiber, complex carbohydrates and protein.		
#1975	Popcorn, Yellow Order number of 25# bags. Popcorn is a great way to help meet your daily quota of whole grains. Yellow popcorn pops up large, crunchy kernels with that classic toasty corn taste $\frac{1}{2}$ and is an economical, wholesome whole grain food high in fiber, complex carbohydrates and protein.	Certified Organic	\$25.75/25# bag
#3170	Popcorn, Yellow Order number of cases. A case = twelve 2# bags. Popcorn is a great way to help meet your daily quota of whole grains. Yellow popcorn pops up large, crunchy kernels with that classic toasty corn taste $\frac{1}{2}$ and is an economical, wholesome whole grain food high in fiber, complex carbohydrates and protein.	Certified Organic	\$35.77/12/cs 2#bag
#1976	Popcorn, Yellow Order number of 50# bags. Popcorn is a great way to help meet your daily quota of whole grains. Yellow popcorn pops up large, crunchy kernels with that classic toasty corn taste $\frac{1}{2}$ and is an economical, wholesome whole grain food high in fiber, complex carbohydrates and protein.	Certified Organic	\$49.72/50# bag

Rolled Whole Grains

Grain Place Foods, Inc.

ID	Product Name [<u>About Producer</u>]	Type	Price
#2256	Barley, Hulled and Rolled Order number of 1.1 # bags. Rolled barley has a rich, nutlike flavor. It is used as a cooked breakfast cereal alone or combined with other cereal grain flakes, in granola or as an addition to soups. Grain Place Rolled Barley is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.	Certified Organic	\$3.74/1.1 #
#2257	Barley, Hulled and Rolled Order number of 25# bags. Rolled barley has a rich, nutlike flavor. It is used as a cooked breakfast cereal alone or combined with other cereal grain flakes, in granola or as an addition to soups. Grain Place Rolled Barley is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.	Certified Organic	\$32.91/25# bag
#2611	Brown Rice, Rolled Order number of 1.1 # bags. Made from short grain brown rice. Brown rice is a whole grain food, with only the inedible outer hull of the rice kernel removed, retaining the bran and germ and thus its many nutrients. Grain Place Rolled Brown Rice is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.	Certified Organic	\$4.62/1.1 #
#1992	Favorite Five (TM) Mixed Grain Cereal Order number of 1.1 # bags. Grain Place Foods's own top-selling certified organic wholesome blend of rolled oats, rolled barley, rolled wheat, rolled rye and hulled sesame seeds. Favorite Five(TM) is a high fiber, high protein and delicious way to power your day.	Certified Organic	\$4.03/1.1 # bag
#1965			\$3.14/1.1 #

	<p>Hard Red Wheat, Rolled Order number of 1.1 #s. Wheat, the Staff of Life, is the top cereal crop in the world followed by corn and rice. Our rolled wheat is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	
#1966	<p>Hard Red Wheat, Rolled Order number of 25# bags. Wheat, the Staff of Life, is the top cereal crop in the world followed by corn and rice. Our rolled wheat is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$19.66/25# bag
#1988	<p>Kamut[®] Khorasan Wheat, Rolled Order number of 1.1 # bags. Rolled Kamut[®] contains 20-40% more protein than common rolled wheat, and can be used as other rolled grains as a breakfast cereal or in baked goods, or as an interesting addition to other recipes. Grain Place Rolled Kamut[®] is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$4.05/1.1 # bag
#1989	<p>Kamut[®] Khorasan Wheat, Rolled Order number of 25# bags. Rolled Kamut[®] contains 20-40% more protein than common rolled wheat, and can be used as other rolled grains as a breakfast cereal or in baked goods, or as an interesting addition to other recipes. Grain Place Rolled Kamut[®] is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$39.86/25# bag
#1986	<p>Rolled Oats Order number of 1.1# bags. Tasty and nutritious, oats are rich in fiber, particularly the cholesterol-lowering soluble fiber beta-glucan. Our rolled oats are processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$3.84/1.1# bag
#1987	<p>Rolled Oats Order number of 25# bags. Tasty and nutritious, oats are rich in fiber, particularly the cholesterol-lowering soluble fiber beta-glucan. Our rolled oats are processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$35.71/25# bag
#2835	<p>Rye, Rolled Order number of 1.1 # bags. Rolled rye is a rich flavored whole grain food you can use alone or combined with other rolled grains for breakfast porridge, or in a quick pilaf. Grain Place Rolled Rye is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$3.19/1.1 # bag
#3165	<p>Rye, Rolled Order number of 25# bags. Rolled rye is a rich flavored whole grain food you can use alone or combined with other rolled grains for breakfast porridge, or in a quick pilaf. Grain Place Rolled Rye is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$20.89/25# bag
#2837	<p>Soybeans, Rolled Order number of 1.1# bags. Our rolled soy is processed in a way that increases digestibility, while retaining nutrients and improving storage quality. Enjoy the sweet, nutty soy flakes as a healthy, complete protein snack as is, or add to other rolled grains in breakfast porridge or granola. Give soups, stews and casseroles a protein and nutrient boost by adding rolled soy.</p>	Certified Organic	\$5.81/1.1# bag

#1990	<p>Spelt, Hulled, Rolled Order number of 1.1# bags. Spelt is an ancient and distant cousin of common wheat, with a slightly nuttier, sweeter flavor. It is also higher in protein, fiber and B vitamins, and is more easily digested than common wheat. Grain Place Rolled Spelt is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$3.89/1.1# bag
#1991	<p>Spelt, Hulled, Rolled Order number of 25# bags. Spelt is an ancient and distant cousin of common wheat, with a slightly nuttier, sweeter flavor. It is also higher in protein, fiber and B vitamins, and is more easily digested than common wheat. Grain Place Rolled Spelt is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$36.55/25# bag
#2824	<p>Triticale, Rolled Order number of 1.1# bags. Triticale is a cross between durum wheat and rye, and has a higher protein content and better balance of amino acids than either parent grain. Enjoy rolled triticale with other rolled grains in breakfast porridge or granola - and add to soups and casseroles for an extra protein and nutrient boost. Grain Place Rolled Triticale is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$3.45/1.1 # bag
#3166	<p>Triticale, Rolled Order number of 25# bags. Triticale is a cross between durum wheat and rye, and has a higher protein content and better balance of amino acids than either parent grain. Enjoy rolled triticale with other rolled grains in breakfast porridge or granola - and add to soups and casseroles for an extra protein and nutrient boost. Grain Place Rolled Triticale is processed in a way that increases digestibility, while retaining nutrients and improving storage quality.</p>	Certified Organic	\$26.62/25# bag

Whole Grains

Chisholm Family Farm

ID	Product Name [About Producer]	Type	Price
#3273	<p>Certified Organic Hard Red Winter Wheat Berries 20# Bag Order number of bags. 30# bag Certified Organic Hard Red Winter Wheat Berries Grown by a nearby organic farmer that grows all of our animal feeds.</p>	Certified Organic	\$16.00/bag
#3274	<p>Organic Hard Red Winter Wheat - 5# Bags Order number of bags. 5# Bags of Certified Organic Hard Red Winter Wheat Berries Grown by a nearby organic farmer that grows all of our grains.</p>	Certified Organic	\$5.00/bag

Grain Place Foods, Inc.

ID	Product Name [About Producer]	Type	Price
#2253	<p>Barley, Hulled Order number of 2# bags. Barley has an historical reputation for building strength. Gladiators of the Roman Empire were called hordearii (barley-men), because barley was the staple of their training diet. The fiber content in barley, especially the</p>	Certified Organic	\$4.51/2# bag

	cholesterol-lowering soluble fiber beta-glucan, makes this versatile grain an essential part of the health conscious consumer's diet. The flavor and texture of cooked barley makes it an excellent addition to soups and stews.		
#2254	Barley, Hulled Order number of 5# bags. Barley has an historical reputation for building strength. Gladiators of the Roman Empire were called hordearii (barley-men), because barley was the staple of their training diet. The fiber content in barley, especially the cholesterol-lowering soluble fiber beta-glucan, makes this versatile grain an essential part of the health conscious consumer's diet. The flavor and texture of cooked barley makes it an excellent addition to soups and stews.	Certified Organic	\$7.81/5# bag
#2255	Barley, Hulled Order number of 25# bags. Barley has an historical reputation for building strength. Gladiators of the Roman Empire were called hordearii (barley-men), because barley was the staple of their training diet. A tonic made by soaking barley in water has been used in folk medicine to treat patients during convalescence. The fiber content in barley, especially the cholesterol-lowering soluble fiber beta-glucan, makes this versatile grain an excellent addition to the health conscious consumer's diet.	Certified Organic	\$27.75/25# bag
#3156	Corn, Yellow Dent Order number of 50# bags.	Certified Organic	\$32.70/50# bag
#2435	Hard Red Wheat Berries Order number of 2# bags. Wheat berries are unprocessed whole wheat kernels. Grind for flour, or use cooked wheat berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.	Certified Organic	\$3.51/2# bag
#1963	Hard Red Wheat Berries Order number of 25# bags. Wheat berries are unprocessed whole wheat kernels. Grind for flour, or use cooked wheat berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.	Certified Organic	\$15.59/25# bag
#1964	Hard Red Wheat Berries Order number of 50# bags. Wheat berries are unprocessed whole wheat kernels. Grind for flour, or use cooked wheat berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.	Certified Organic	\$29.41/50# bag
#2433	Hard White Wheat Berries Order number of 2# bags. Wheat berries are unprocessed whole wheat kernels. Grind for flour, or use cooked wheat berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.	Certified Organic	\$4.21/2# bag
#2434	Hard White Wheat Berries Order number of 25# bags. Wheat berries are unprocessed whole wheat kernels. Grind for flour, or use cooked wheat berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.	Certified Organic	\$24.17/25# bag
#1967	Kamut ½ Khorasan Wheat Berries Order number of 2# bags. An ancient relative of durum wheat. It is similar (many claim superior) in flavor and texture to common wheat, considered easier to digest, and is used successfully as a common wheat substitute. Contains less gluten than common	Certified Organic	\$4.96/2# bag

	wheat. Grind for flour, or use cooked berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.		
#3160	Kamut½ Khorasan Wheat Berries Order number of 5# bags. An ancient relative of durum wheat. It is similar (many claim superior) in flavor and texture to common wheat, considered easier to digest, and is used successfully as a common wheat substitute. Contains less gluten than common wheat. Grind for flour, or use cooked berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.	Certified Organic	\$8.94/5# bag
#1969	Kamut½ Khorasan Wheat Berries Order number of 25# bags. An ancient relative of durum wheat. It is similar (many claim superior) in flavor and texture to common wheat, considered easier to digest, and is used successfully as a common wheat substitute. Contains less gluten than common wheat. Grind for flour, or use cooked berries as you would other whole grains ½ in casseroles, pilaf, breakfast porridge, soups and stews, and added to breads.	Certified Organic	\$33.68/25# bag
#2612	Long Grain Brown Rice Order number of 2# bags. Rice is the third most important cereal grain in the world, after wheat and corn. It originated in Asia, and most of the world's rice is still grown there. Rice supplies up to half the daily calories of half the world's population. And unlike many other grains, rice is grown almost exclusively for human consumption. Brown rice is a whole grain food, with only the inedible outer hull of the rice kernel removed, retaining the bran and germ and thus its many nutrients.	Certified Organic	\$5.61/2# bag
#2610	Long Grain Brown Rice Order number of 25# bags. Rice is the third most important cereal grain in the world, after wheat and corn. It originated in Asia, and most of the world's rice is still grown there. Rice supplies up to half the daily calories of half the world's population. And unlike many other grains, rice is grown almost exclusively for human consumption. Brown rice is a whole grain food, with only the inedible outer hull of the rice kernel removed, retaining the bran and germ and thus its many nutrients.	Certified Organic	\$40.98/25# bag
#3167	Millet, Hulled (Gray Proso) Order number of 2# bags. Millet is thought to have originated in North Africa, where it has been consumed since prehistoric times, and is still a dietary staple. The African flatbread injera is made from ground millet, as is the Indian roti. This tiny, sweet-tasting round grain has recently gained popularity as an alternative to rice as a side dish or in soups and casseroles.	Certified Organic	\$4.08/2# bag
#2825	Millet, Hulled (White Proso) Order number of 2# bags. Millet is thought to have originated in North Africa, where it has been consumed since prehistoric times, and is still a dietary staple. The African flatbread injera is made from ground millet, as is the Indian roti. This tiny, sweet-tasting round grain has recently gained popularity as an alternative to rice as a side dish or in soups and casseroles.	Certified Organic	\$4.55/2# bag
#3161	Oats, Toasted Groats Order number of 1.75# bags.	Certified Organic	\$4.74/1.75# bag
#3162	Oats, Toasted Groats Order number of 25 # bags.	Certified Organic	\$35.71/25# bag

#2833	<p>Rye Berries Order number of 2# bags. Rye is a wheat relative known especially for the distinctive, hearty flavor it imparts to traditional rye and pumpernickel breads. Rye berries are the grain of rye with only the hull removed, and can be used to make flour, or cooked and used in casseroles, soups, stews and breads.</p>	Certified Organic	\$3.60/2# bag
#2834	<p>Rye Berries Order number of 5# bags. Rye is a wheat relative known especially for the distinctive, hearty flavor it imparts to traditional rye and pumpernickel breads. Rye berries are the grain of rye with only the hull removed, and can be used to make flour, or cooked and used in casseroles, soups, stews and breads.</p>	Certified Organic	\$5.53/5# bag
#3164	<p>Rye Berries Order number of 25# bags. Rye is a wheat relative known especially for the distinctive, hearty flavor it imparts to traditional rye and pumpernickel breads. Rye berries are the grain of rye with only the hull removed, and can be used to make flour, or cooked and used in casseroles, soups, stews and breads.</p>	Certified Organic	\$16.72/25# bag
#1970	<p>Spelt, Hulled Berries Order number of 2# bags. An ancient and distant cousin of common wheat, spelt can be used just as you would use wheat. Spelt has a slightly nuttier and sweeter flavor, is higher in protein, fiber and B vitamins, and is more easily digested.</p>	Certified Organic	\$4.79/2# bag
#1972	<p>Spelt, Hulled Berries Order number of 25# bags. An ancient and distant cousin of common wheat, spelt can be used just as you would use wheat. Spelt has a slightly nuttier and sweeter flavor, is higher in protein, fiber and B vitamins, and is more easily digested.</p>	Certified Organic	\$31.13/25# bag

Nuts, Seeds & Beans

Dry Beans

Grain Place Foods, Inc.

ID	Product Name [About Producer]	Type	Price
#2836	<p>Soybeans Order number of 2# bags. These whole, dried beans are nutritional powerhouses that contain all essential amino acids - that is, like meat, fish and poultry, soybeans are a complete protein source. To prepare, soak the beans and allow plenty of cooking time. Add cooked beans to soups and stews. Roasted soynuts are a favorite way to enjoy soybeans.</p>	Certified Organic	\$4.44/2# bag
#3169	<p>Soybeans Order number of 25# bags. These whole, dried beans are nutritional powerhouses that contain all essential amino acids - that is, like meat, fish and poultry, soybeans are a complete protein source. To prepare, soak the beans and allow plenty of cooking time. Add cooked beans to soups and stews. Roasted soynuts are a favorite way to enjoy soybeans.</p>	Certified Organic	\$26.88/25# bag

Seeds

Grain Place Foods, Inc.

ID	Product Name [<u>About Producer</u>]	Type	Price
#2988	<p>Chia Seeds Order number of 1.75# bags. Chia is the edible seed of the desert plant Salvia hispanica. It was a staple of the diet of the Aztecs and Mayans in pre-Columbian times. Chia is high in protein, fiber, omega-3 fatty acids and trace minerals.</p>	Certified Organic	\$15.81/1.75 # bag
#2822	<p>Flax Seed, Brown Order number of 2# bags. The slightly nutty flavor of flax seeds plus their omega-3 fatty acid and fiber content make these seeds an increasingly popular item in the diets of health savvy consumers. Grind the seeds first ½ a coffee grinder works the best ½ to get full nutrient benefits. A popular way to use ground flaxseeds is as an addition to yogurt or smoothies.</p>	Certified Organic	\$5.14/2# bag
#2115	<p>Flax Seed, Golden Order number of 2# bags. The slightly nutty flavor of flax seeds plus their omega-3 fatty acid and fiber content make these seeds an increasingly popular item in the diets of health savvy consumers. Grind the seeds first ½ a coffee grinder works the best ½ to get full nutrient benefits. A popular way to use ground flaxseeds is as an addition to yogurt or smoothies.</p>	Certified Organic	\$5.49/2# bag
#2832	<p>Quinoa Order number of 1.75# bags. Quinoa (pronounced KEEN-wah) has attained "superfood" status in the U.S. It is not actually a grain, rather, it is related to spinach and chard. Its tiny seeds provide complete protein with the best amino acid profile of any grain. And a great advantage: cooking time is only ten minutes! Use as you would use rice.</p>	Certified Organic	\$13.91/1.75 # bag
#3163	<p>Quinoa Order number of 5# bags. Quinoa (pronounced KEEN-wah) has attained "superfood" status in the U.S. It is not actually a grain, rather, it is related to spinach and chard. Its tiny seeds provide complete protein with the best amino acid profile of any grain. And a great advantage: cooking time is only ten minutes! Use as you would use rice.</p>	Certified Organic	\$23.12/5# bag

Jams, Jellies, & Sweeteners

Other

Grain Place Foods, Inc.

ID	Product Name [<u>About Producer</u>]	Type	Price
#2120	<p>Cane Sugar Order number of 5# bags. Grain Place Foods gets cane sugar from Global Organics (global-organics.com). Since 1992 GO! has been dedicated to supporting sustainable agricultural projects that bring social and economic benefits to their community through sale of their organic products.</p>	Certified Organic	\$13.12/5# bag

#2121	<p>Cane Sugar Order number of 25# bags. Grain Place Foods gets cane sugar from Global Organics (global-organics.com). Since 1992 GO! has been dedicated to supporting sustainable agricultural projects that bring social and economic benefits to their community through sale of their organic products.</p>	Certified Organic	\$53.53/25# bag
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Kvam Family Farm

ID	Product Name <u>[About Producer]</u>	Type	Price
#3390	<p>Pure Wisconsin Organic Maple Syrup - Grade B 29 jars available. Order number of jars. Note- This is NOT a Nebraska product- Sometimes you just can't find a food item from a local source. Maple syrup for us in Nebraska is one of those items. Thus we bring to you a fine maple syrup that we have been using for the past few years on our own table. We purchase this excellent, rich tasting syrup in bulk from an Amish farmer in Wisconsin. We repackage and label it in smaller containers so you can enjoy it also. Certified organic by Midwest Organic Association.</p>	Certified Organic	\$12.00/16 oz

Beverages

Coffee

Good Sip Coffee Company

ID	Product Name <u>[About Producer]</u>	Type	Price
#1054	<p>Flavored Hazelnut - USDA Organic Coffee ** 1 Pound ** Order number of bags. A delicious combination of our rich Colombian roast and our all-natural Hazelnut flavoring gives this coffee a pleasant nutty taste and flavorful aroma - terrific any time of day. Need It Ground? No Problem! Just indicate in the order notes what coffee you need ground and the type of ground to use. Here are the grind options: Drip, French Press or Espresso.(1 Pound Pkg) NO EXTRA CHARGE All Good Sip One Pound coffee packages have a convenient zip lock closure and one-way degassing valve that allows flavor robbing gases to escape and prevents air and moisture from entering. Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>	Certified Organic	\$11.95/pound
#1055	<p>Flavored Hazelnut - USDA Organic Coffee ** 5 Pounds ** (WHOLE BEAN ONLY) Order number of bulk bags. For those of you looking to satisfy a HUGE coffee need, take advantage of our Super Sized package and save a bundle! Split it with family and friends or just hoard it for yourself,either way you'll be getting a whole lot of great tasting coffee, prepared fresh, just for you! Our five pound package is made of high-barrier foil material that keeps out light and flavor robbing oxygen. In addition, each package has a one-way degassing valve that prevents air and moisture from entering while letting natural gasses escape,this allows us to package our coffee straight from the roaster!</p>	Certified Organic	\$49.75/5 pound

	<p><i>Note: Five pound coffee bags have a generic appearance (plain silver w/label).</i></p> <p>Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>		
#1048	<p>Nebraska Blend - USDA Organic Coffee ** 1 Pound ** Order number of bags.</p> <p>Our rich Colombian roast paired with the nutty taste of our Guatemalan makes for a delicious combination that's a big hit with the Midwestern palate - a great way to start the day!</p> <p>Need It Ground? No Problem! Just indicate in the order notes what coffee you need ground and the type of ground to use. Here are the grind options: Drip, French Press or Espresso.(1 Pound Pkg) NO EXTRA CHARGE</p> <p>All Good Sip One Pound coffee packages have a convenient zip lock closure and one-way degassing valve that allows flavor robbing gases to escape and prevents air and moisture from entering.</p> <p>Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>	Certified Organic	\$10.95/pound
#1049	<p>Nebraska Blend - USDA Organic Coffee ** 5 Pounds ** (WHOLE BEAN ONLY) Order number of bulk bags.</p> <p>For those of you looking to satisfy a HUGE coffee need, take advantage of our Super Sized package and save a bundle! Split it with family and friends or just hoard it for yourself either way you'll be getting a whole lot of great tasting coffee, prepared fresh, just for you!</p> <p>Our five pound package is made of high-barrier foil material that keeps out light and flavor robbing oxygen. In addition, each package has a one-way degassing valve that prevents air and moisture from entering while letting natural gasses escape this allows us to package our coffee straight from the roaster!</p> <p><i>Note: Five pound coffee bags have a generic appearance (plain silver w/label).</i></p> <p>Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>	Certified Organic	\$44.75/5 pound
#1052	<p>Swiss Water Decaffeinated - USDA Organic Coffee ** 1 Pound ** Order number of bags.</p> <p>If you love the taste of coffee but not the caffeine, try our delicious Costa Rican decaf! This medium-dark roast is so mellow and rich you might not even miss the caffeine!</p> <p>Need It Ground? No Problem! Just indicate in the order notes what coffee you need ground and the type of ground to use. Here are the grind options: Drip, French Press or Espresso.(1 Pound Pkg) NO EXTRA CHARGE</p> <p>All Good Sip One Pound coffee packages have a convenient zip lock closure and one-way degassing valve that allows flavor robbing gases to escape and prevents air and moisture from entering.</p> <p>Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>	Certified Organic	\$11.95/pound
#1053	<p>Swiss Water Decaffeinated - USDA Organic Coffee ** 5 Pounds ** (WHOLE BEAN)</p>	Certified Organic	\$49.75/5 pound

	<p>Order number of bulk bags.</p> <p>For those of you looking to satisfy a HUGE coffee need, take advantage of our Super Sized package and save a bundle! Split it with family and friends or just hoard it for yourself either way you'll be getting a whole lot of great tasting coffee, prepared fresh, just for you!</p> <p>Our five pound package is made of high-barrier foil material that keeps out light and flavor robbing oxygen. In addition, each package has a one-way degassing valve that prevents air and moisture from entering while letting natural gasses escape this allows us to package our coffee straight from the roaster!</p> <p><i>Note: Five pound coffee bags have a generic appearance (plain silver w/label).</i></p> <p>Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>		
#1096	<p>Zephyr Espresso - USDA Organic Coffee ** 1 Pound **</p> <p>Order number of bags.</p> <p>Especially prepared for espresso extraction, our signature Espresso is prized for its heavy flavor, fruit-like undertones and rich caramel color. Move out of the way here comes Zephyr!</p> <p>Need It Ground? No Problem! Just indicate in the order notes what coffee you need ground and the type of ground to use. Here are the grind options: Drip, French Press or Espresso.(1 Pound Pkg) NO EXTRA CHARGE</p> <p>All Good Sip One Pound coffee packages have a convenient zip lock closure and one-way degassing valve that allows flavor robbing gases to escape and prevents air and moisture from entering.</p> <p>Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>	Certified Organic	\$9.95/pound
#1097	<p>Zephyr Espresso - USDA Organic Coffee ** 5 Pounds ** (WHOLE BEAN)</p> <p>Order number of bulk bags.</p> <p>Especially prepared for espresso extraction, our signature Espresso is prized for its heavy flavor, fruit-like undertones and rich caramel color. Move out of the way here comes Zephyr!</p> <p>Our five pound package is made of high-barrier foil material that keeps out light and flavor robbing oxygen. In addition, each package has a one-way degassing valve that prevents air and moisture from entering while letting natural gasses escape this allows us to package our coffee straight from the roaster!</p> <p><i>Note: Five pound coffee bags have a generic appearance (plain silver w/label).</i></p> <p>Fresh Roasted, Always Organic. That's Good Sip Coffee!</p>	Certified Organic	\$44.75/5 pound

Tea

Grandma Farmers Garden

ID	Product Name [About Producer]	Type	Price
#3919	<p>Immune Tea</p> <p>5 packages available. Order number of packages.</p>	Certified Organic	\$5.75/package

This blend of popular herbs is hand-crafted using freshly dried herbs that have been processed in small batches to produce a tea of superlative freshness and quality. This refreshing tea can be enjoyed both as a hot or cold beverage.

â €Made with Organic Herbs

â €Gluten-Free

â €GMO-Free

â €Herb Identity Guaranteed

â €Pure: No Artificial Ingredients

Ingredients: Organic Peppermint leaf (*Mentha piperita*), Organic Green tea herb (*Camellia sinensis*), Oregon Grape root (*Mahonia sp.*), Organic Rose hips (*Rosa canina*), Organic Organic peel (*Citrus sinensis*), Organic Calendula flower (*Calendula officinalis*), Organic Echinacea top & root (*Echinacea purpurea*), Goldenseal rhizome (*Hydrastis canadensis*), Organic Red Clover & blossom (*Trifolium pratense*)

Package contains 2 ounces or approximately 15 servings

To prepare, add 1 teaspoon of tea per 8 fl. oz of boiling water. Stir, cover and steep for 5 minutes. Strain and enjoy hot, or cold, with or without your favorite sweetener.

Larger quantity/16 servings (1 gallon): Prepare a concentrate by adding 6 tablespoons of tea to one quart of boiling water. Stir, cover and steep for 5 minutes. Strain and cool. Refrigerate the concentrate. To serve, dilute one part tea concentrate with three parts water. The diluted tea may be reheated or served cold as an iced tea.

Contains natural caffeine supplied by the Green tea. Each cup supplies approximately 1/10th of the caffeine found in a cup of coffee. Nutritional supplements containing Echinacea should be used with caution in individuals with autoimmune diseases. Do not take if pregnant or nursing. Avoid excessive or long-term use. Keep out of reach of children. Discontinue if unusual symptoms occur. Do not exceed recommended dose unless under the guidance of a health care professional. Individuals sensitive to plants in the Daisy family (sesquiterpene lactone-containing plants) should use all Echinacea supplements with caution.

This product is not intended to diagnose, treat, cure or prevent any disease. The Contraindications and Potential Drug Interactions information provided on this website is not intended to be all-inclusive. A health care professional should be consulted regarding the use of herbal products. Always keep your Doctor or other healthcare professional informed about the herbal and other dietary supplement products that you are taking.

Prepared in a non-licensed, non-inspected kitchen. All products are made using equipment that is also used in preparing products with tree nuts & peanuts.

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Farming Products and Animals

Farm Animal Feed

Wattermann Family Farm

ID	Product Name [<u>About Producer</u>]	Type	Price
#4156	Whole Feed Oats - Organic Order number of bags. Bulk oats purchased from a nearby organic farmer located in Butler County. These are the same oats we use in formulating our poultry and swine feeds.	Certified Organic	\$10.75/35# bag

Health and Beauty

Misc. Health/Beauty

Carritt Patch

ID	Product Name [<u>About Producer</u>]	Type	Price
#2458	ARONIA BERRY EXTRACT Order number of bottles. Aronia Berry Extract Herbal Supplement (2oz, 59ml) Proprietary blend of 1.5ml Organic Black Chokeberry Fruit (Aronia melanocarpa). Other ingredients used include purified water and 25% pure grain alcohol. This slow extraction utilizes the seed, skin, and juice of our Organic Aronia Berry. Easily digestible and assimilates into the bodies system very easily. You can take 10 drops 3 times a day in juice or water and the bottle will last one person approximately 2 months. You can't find a better investment in your health if you are concerned about your cardiovascular system and cancer. Aronia berries have the highest content of resveratrol of any fruit beside the very high antioxidant level. Email me if you would like more information on all the health benefits of aronia berries. These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease	Certified Organic	\$21.50/bottle
#2459	ORGANIC ARONIA BERRY CAPSULES Order number of bottles. Organic Aronia Berry Capsules 90 Vegetarian Capsules, Fresh Freeze-Dried Aronia (Aronia melanocarpa) made with Organic Ingredients. Freeze-drying maintains the biologically active constituents for highest potency and action. 100% Kosher. Each Capsule Contains: Organic Aronia (Aronia melanocarpa) berry, 450 mg. Suggested use 1-3 capsules, 1-2 times per day. Aronia has the highest content of resveratrol of any fruit plus a very high antioxidant level. These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.	Certified Organic	\$21.50/bottle

Pet-Related

Pet Supplies

Nebraska's Finest Beef

ID	Product Name [<u>About Producer</u>]	Type	Price
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<p>#2426</p>	<p>Organic Course Ground Beef Trim - Pet Food Order number of packages. You will be billed for exact weight (between 1 and 1.2 lbs) Course ground beef trim is made from outside trim and fat and course ground for the perfect raw food for a soft and shiny coat. All from USDA inspected Organic beef. Order yours today! They come in one pound chubs! Just thaw and feed!</p>	<p>Certified Organic</p>	<p>\$2.25/lb</p>
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